



alzheimer's  association®

Central and Western Virginia Chapter

Conference on Alzheimer's Disease and Related Disorders

**COLLABORATING TO FIGHT ALZHEIMER'S DISEASE:
*INTEGRATED APPROACHES TO RESEARCH, TREATMENT
AND CARE GIVING***

Keynote Address by [Steven T. DeKosky, MD](#)

Vice President and Dean, University of Virginia School of Medicine

Special Guest Speaker, [Gary Small, MD](#)

Director, UCLA Center on Aging and author of *The Memory Bible*

8am-4:30 pm

Saturday, June 20, 2009

**The Abbott Center, Darden School of Business
University of Virginia**

Course Director: David S. Geldmacher, MD

To Register

Online registration using a credit card will be available at www.cmevillage.com

Click on Live Conferences, Scroll down to *Collaborating to Fight Alzheimer's Disease*

Or Fax Registration Form with payment information to Bebe Moore

Fax (434) 243-6393

Jointly Sponsored by the Office of Continuing Medical Education at the University of Virginia,
The University of Virginia Institute on Aging and the Alzheimer's Association, Central and Western
Virginia Chapter

Supported by the Commonwealth of Virginia, Geriatric Care and Training Initiative, administered by
the Virginia Center on Aging

TARGET AUDIENCE

This conference seeks to provide state-of-the-art information and practical knowledge to those involved in treatment and care of patients with Alzheimer's disease and related dementias, including:

- Primary care physicians, neurologists, psychiatrists and psychologists
- Nurse practitioners and physician assistants
- Long-term care facility senior staff, including medical directors, unit managers, and administrators
- Faculty and students from Virginia institutions of higher education

LEARNING OBJECTIVES

After attending this conference, participants will be able to:

- experience fewer psychological and practical barriers to providing appropriate dementia care
- identify and employ effective techniques for diagnosing Alzheimer's Disease and the clinical approach to differentiating AD from other forms of dementia
- understand role of imaging technologies in diagnosis
- develop strategies for changes in cognition and behavior, including optimal medications or psycho-social approaches to management
- apply knowledge about safety and legal issues
- apply knowledge and be able to make referrals to community resources for psycho-social support for patients and caregivers

COURSE FACULTY

University of Virginia

- Richard Bonnie, Harrison Foundation Professor of Medicine and Law
- Daniel Cox, PhD, Professor, Psychiatric Medicine and Internal Medicine
- Steven T. DeKosky, MD, Vice President and Dean, School of Medicine, James Carroll Flippin Professor of Neurology
- David Geldmacher, MD, Associate Professor, Neurology
- Suzanne Holroyd, MD, Professor, Psychiatric Medicine
- Kathleen Fletcher, RN, Assistant Professor of Nursing, Director of Senior Services
- Carol Manning, Associate Professor of Neurology and Nursing
- John Nesselroade, PhD, Hugh Scott Hamilton Professor of Psychology and Director, Institute on Aging
- Karen Rose, PhD, Assistant Professor of Nursing
- Anita Thompson-Heisterman, PhD, Assistant Professor of Nursing

Visiting Faculty

- Gary Small, MD, Professor of Psychiatry and Biobehavioral Sciences, Director, UCLA Center on Aging

Alzheimer's Association, Central and Western Virginia Chapter

- Susan Friedman, President and Chief Executive Officer
- Ellen Phipps, Vice President, Programs and Services

PROGRAM

Darden School

8:00 – 9:00 AM	Registration and Information <i>Continental Breakfast</i>
9:00 – 9:15 AM	Welcome and Introduction John Nesselroade, PhD, Director, Institute on Aging Susan Friedman, President, Central and Western Virginia Chapter, Alzheimer's Association
9:15 – 10:15 AM	Keynote Address: Advances in Imaging and Improvements to Treatment Outcomes Steven DeKosky, MD
10:15 – 10:30 AM	Break
10:30 – 11:30 AM	Integrated Models of Care David Geldmacher, MD Carol Manning, PhD
11:30 – 12:30 PM	Technology, Aging and the Brain Gary Small, MD
12:30 – 1:30 PM	Lunch, Abbott Center Dining Hall Legal Issues Richard Bonnie, JD
1:30 – 2:30 PM	Safety and Mobility Daniel Cox, MD Ellen Phipps, CTRS
2:30 – 3:15 PM	Treatment of Difficult Behaviors: Pharmacological Approaches Suzanne Holroyd, MD
3:15 – 3:30 PM	Break
3:30 – 4:15 PM	Treatment of Difficult Behaviors: Non-Pharmacological Approaches Karen Rose, PhD, RN Anita Thompson-Heisterman, PhD, RN Kathy Fletcher, RN
4:15 – 4:30 PM	Closing Remarks David Geldmacher, MD

Lodging

A block of rooms is available at the Sponsors Executive Residence Center, the Darden School of Business, adjacent to the Abbott Center. The facility is a full-service residence center, complete with a recreation center, 24-hour service desk, and support staff. Guests check in at the Gatehouse, a reception area at the entrance of the Darden Grounds. To make lodging arrangements, contact the residence center at (434) 243-5000.

Directions

The Abbott Center is located at 100 Darden Boulevard, Charlottesville VA 22903. Parking will be available on the Boulevard or the parking garage at the top of the hill, to the right of the Abbott Center. Stop at the Gatehouse to pick up your parking pass.

From West and East of Charlottesville

Travel Interstate 64 to Charlottesville and take Exit 118B onto U.S. Route 29 North. Stay on the Route 29 Bypass and take Leonard Sandridge Drive, the North Grounds Connector Road exit. Turn left at the traffic light at the end of the ramp. The Darden School's entrance is on the left, just past the North Grounds Recreation Center.

From the North

Follow Route 29 South to Charlottesville. When U.S. 29 passes under the U.S. 250 Bypass in Charlottesville, it becomes Emmet Street, and passes the Barracks Road Shopping Center on the right. Beyond the shopping center, turn right at the traffic signal for Arlington Boulevard. Turn left when Arlington Boulevard ends at Massie Road. The Darden School's entrance is on the right, just past the Law School.

From the South

Follow Route 29 North to Charlottesville and take Leonard Sandridge Drive, the North Grounds Connector Road exit. Turn left at the traffic light at the end of the ramp. The Darden School's entrance is on the left, just past the North Grounds Recreation Center.

Around Charlottesville

Charlottesville, Virginia is located in the foothills of the Blue Ridge Mountains. Recently ranked one of the "Best Places to Live," according to Bert Sperling and Peter Sander's *Cities Ranked and Rated*, there are many fun and educational area attractions.

- Monticello, home of Thomas Jefferson.
- Ashlawn Highland, home of James Monroe.
- Tour Historic Downtown Charlottesville, which features shops, restaurants, and activities.
- Hike the Blue Ridge Mountains or explore the Skyline Drive and enjoy breathtaking panoramic views.
- Visit one of the area's award-winning wineries.

Direct Sponsorship Accreditation and Designation Statement

The University of Virginia School of Medicine is accredited by the ACCME to provide continuing medical education for physicians. The University of Virginia School of Medicine designates this educational activity for a maximum of 6 **AMA PRA Category 1 Credit(s)**[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Continuing Education Credit

The University of Virginia, School of Medicine awards 0.1 CEU per contact hour to each non-physician participant who successfully completes this educational activity. The CEU (Continuing Education Unit) is a nationally recognized unit of measure for continuing education and training activities that meet specific educational planning requirements. The University of Virginia, School of Medicine maintains a permanent record of participants who have been awarded CEUs.

Disclosure of faculty financial affiliations

The University of Virginia, School of Medicine, as an ACCME accredited provider, endorses and strives to comply with the Accreditation Council for Continuing Medical Education (ACCME) Standards of Commercial Support, Commonwealth of Virginia statutes, University of Virginia policies and procedures, and associated federal and private regulations and guidelines on the need for disclosure and monitoring of proprietary and financial interests that may affect the scientific integrity and balance of content delivered in continuing medical education activities under our auspices.

The University of Virginia School of Medicine requires that all CME activities accredited through this institution be developed independently and be scientifically rigorous, balanced and objective in the presentation/discussion of its content, theories and practices.

All faculty presenters participating in an accredited CME activity are expected to disclose relevant financial relationships with commercial entities occurring within the past 12 months (such as grants or research support, employee, consultant, stock holder, member of speakers bureau, etc.). The University of Virginia, School of Medicine will employ appropriate mechanisms to resolve potential conflicts of interest to maintain the standards of fair and balanced education to the reader. Questions about specific strategies can be directed to the Office of Continuing Medical Education, University of Virginia School of Medicine, Charlottesville, Virginia.

The faculty and staff of the University of Virginia Office of Continuing Medical Education have no financial affiliations to disclose.

Disclosure of discussion of non-FDA approved uses for pharmaceutical products and/or medical devices

The University of Virginia, School of Medicine requires that all faculty presenters identify and disclose any off-label uses for pharmaceutical and medical device products. The University of Virginia School of Medicine recommends that each physician fully review all the available data on new products or procedures prior to clinical use.

Attendance and Certificate Distribution

The University of Virginia Office of Continuing Medical Education requires that all participants at live CE activities sign attendance sheets daily to confirm participation in the CE activity for that day. Certificates of attendance, designating the maximum number of hours of participation, are distributed to each participant at the CE activity. Participants are responsible for accurately tracking their actual participation at live events.

Special Needs

The Americans with Disabilities Act of 1990 requires that all individuals, regardless of their disabilities, have equal access. The Office of Continuing Medical Education at the University of Virginia, School of Medicine is pleased to assist participants with special needs. **Written requests must be received 30 days prior to the conference date. These should be mailed to UVA Office of Continuing Medical Education, Box 800711, Charlottesville, VA 22908 or to uvacme@virginia.edu.** Some of the conference venues used by the University of Virginia Office of Continuing Medical Education are registered historic properties and may not be fully ADA accessible. Please feel free to contact the facility if you have specific questions.

Confirmation & Cancellation Policy

Upon receipt of registration and payment, you will receive an email confirmation. If payment is not received 14 days prior to this activity, space will not be reserved. We recommend that you secure payment with your own credit card, then seek reimbursement from your employer (where appropriate). Registration fees will be refunded (less a \$50 administrative fee) for written cancellations (emails and faxed requests are acceptable) received a minimum of 14 days prior to the activity date. No refunds will be granted for registration fees of less than \$50 or for cancellations made within 13 days of the activity. The University of Virginia, School of Medicine reserves the right to cancel CE activities if necessary. In this case, the entire registration fee will be refunded. All other expenses incurred in conjunction with this CE activity are the sole responsibility of the participant.

CME Contact Information:

Pam MacIntyre, M. ED., M.S.

Program Planner, Office of Continuing Medical Education

(434) 982-4136 (voice) • (434) 982-1415 (fax) • pam2n@virginia.edu

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REGISTRATION FORM

COLLABORATING TO FIGHT ALZHEIMER'S DISEASE: INTEGRATED APPROACHES TO RESEARCH, TREATMENT AND CARE GIVING

June 20, 2009

Abbott Center, Darden School of Business,
University of Virginia, Charlottesville, VA

Please PRINT legibly to ensure accuracy.

Please visit our website, www.cmevillage.com, for online registration

**Pre-registration for this conference will close three business days prior to the conference date.
Onsite registration will be available.**

Mr. Mrs. Ms. Dr.

First Name: _____ M.I.: _____ Last Name: _____

Credentials: (MD, PhD, RN, etc.): _____ Specialty: _____

Affiliation/Business./Organization: _____

Primary Address: This is: home work

Street: _____

City: _____ State/: _____ Zip: _____

Phone: _____ Fax: _____

Email: _____

Please print clearly for successful email delivery of your confirmation letter.

Are you an employee of the University of Virginia? Yes No Are you a resident physician? Yes No

Are you a fellow? Yes No

Do you require special assistance because of a disability? _____

Birth date (required for tracking CME credits/CEU): ____/____/____

REGISTRATION FEES: Physicians \$100

Nurses, Fellows, Students \$65

Payment is required with registration. An exception is made for institutional checks; however, these must be received at least 4 days prior to the scheduled CME activity. *If payment is not received by the deadline, you will NOT be registered for the conference.* You will receive written confirmation (by email) upon receipt of your payment.

PAYMENT OPTIONS

Check or money order made payable to "UVA-CME." Please indicate the name of the conference on your check.

Charge payment to:

Visa MasterCard American Express Discover

Your credit card number: _____ -- _____ -- _____ -- _____ Expiration date _____
MM/YY

Signature: _____

SEND REGISTRATIONS TO:

Bebe Moore, Registrar, Office of Continuing Medical Education, P.O. Box 800711
University of Virginia School of Medicine, McKim Hall Charlottesville, VA 22908

Tel: (434) 924-5310, Fax: (434) 243-6393, MIRS Tel: 1-800-552-3723