

economic viability  
+ environmental stewardship  
+ social development  

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= integrated sustainability

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ARUP

 UNIVERSITY of VIRGINIA



**Arup**

**Sustainability Vision**

**Overview of SPeAR®**

**Sustainability Assessment Status**

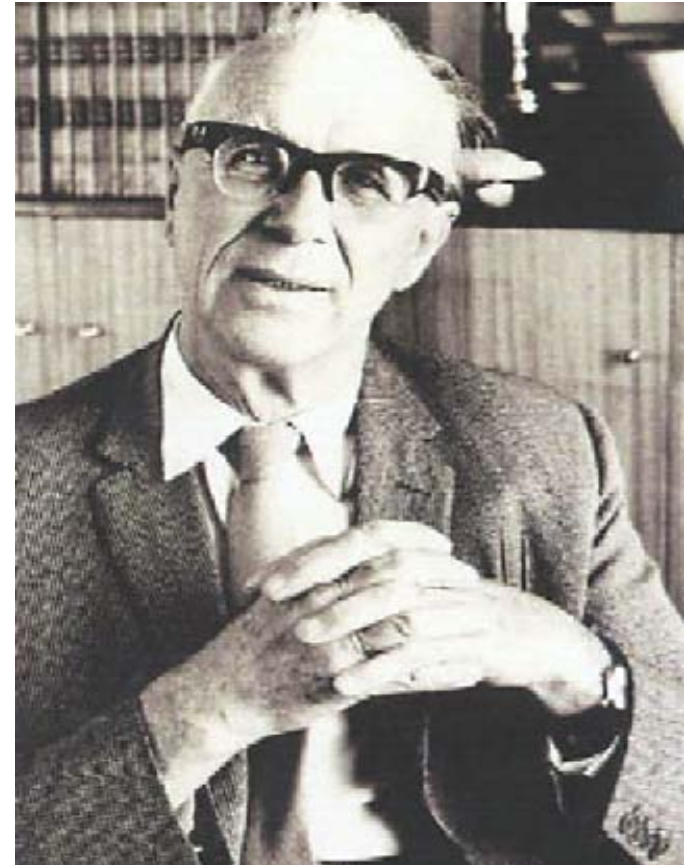
**Relevant Examples**



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Sir Ove Arup founded his practice in London in 1946 based on a belief in ‘total design’ — the integration of the design process and the interdependence of all the professions involved, the creative nature of engineering, the value of innovation and the social purpose of design.

Today we understand this as  
a commitment to **sustainability**.



## Across Industries

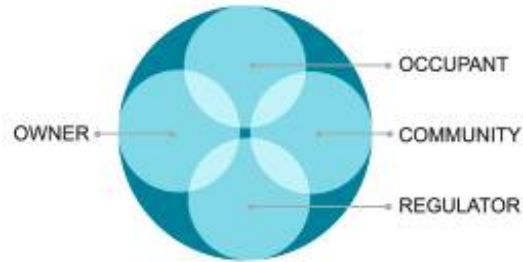
Education, Real Estate Development,  
Infrastructure, Manufacturing, Tourism,  
High-Tech, Financial Services, Health Care,  
Government and Cultural



## Multiple levels of assessment

- Project Level
- Corporate
- Facility
- Processes
- Products
- Policy





# Approach to Sustainability

## ▪ Resource Depletion

- Water
- Energy
- Materials
- Biodiversity



## ▪ Environmental Impacts

- Transportation
- Waste generation

## ▪ Climate Change

## ▪ Global Connectivity

- Alliances & Partnerships



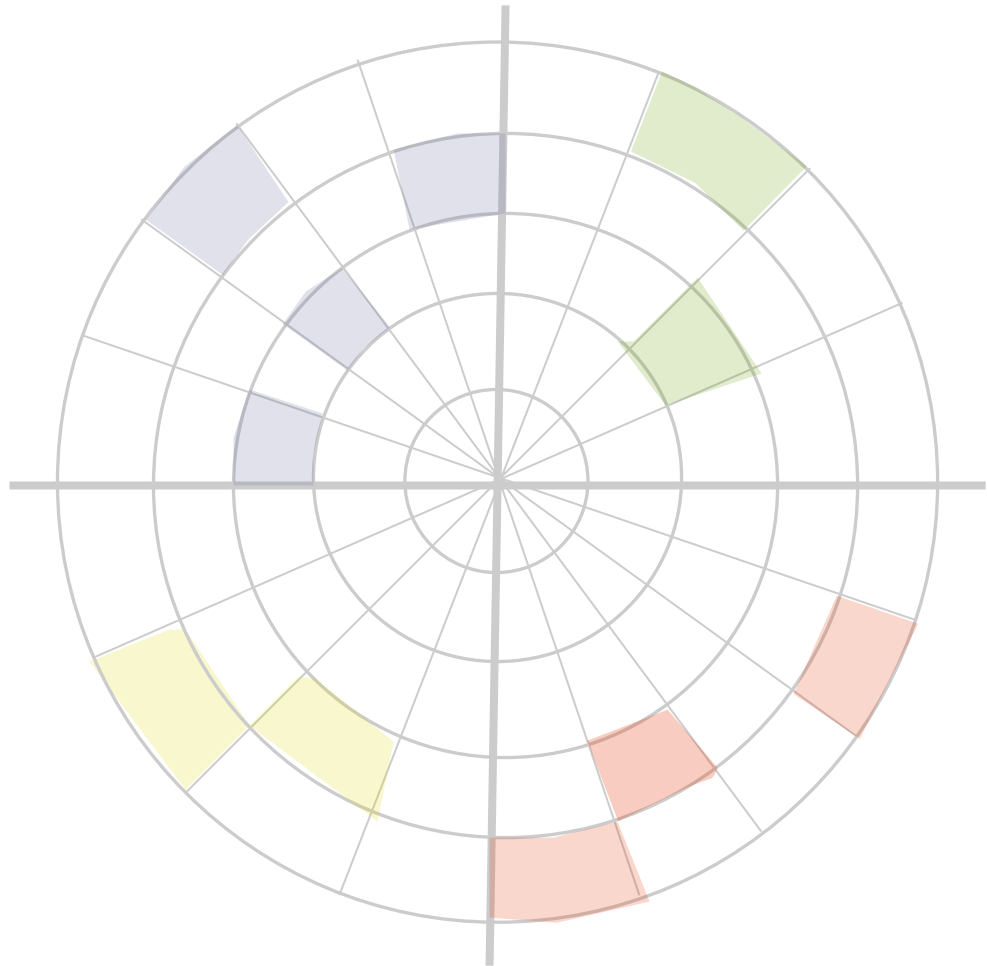
# Approach to Sustainability

Broadest lens to identify:

- **Risks**
- **Opportunities**

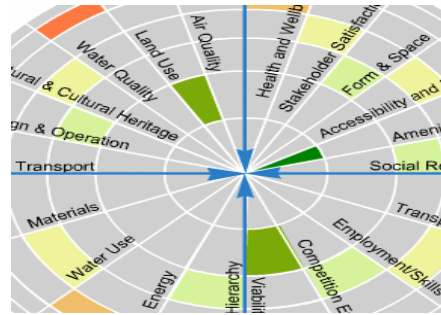


- **Performance Improvements**
- **Competitive Advantage**



## **VISION STATEMENT (re-iterated from the Grounds Plan)**

- **Environmental Quality:** protecting and restoring our natural environment, including air and water quality
- **Context:** establishing and promoting appropriate relationships with the community and surrounding open spaces
- **Connectivity:** increasing the quality and continuity of linkages throughout the Grounds
- **Multi-disciplinary Learning:** developing mixed-use facilities to foster interaction and collaboration
- **Preservation:** continuing to enhance the University's cultural building and landscape resources



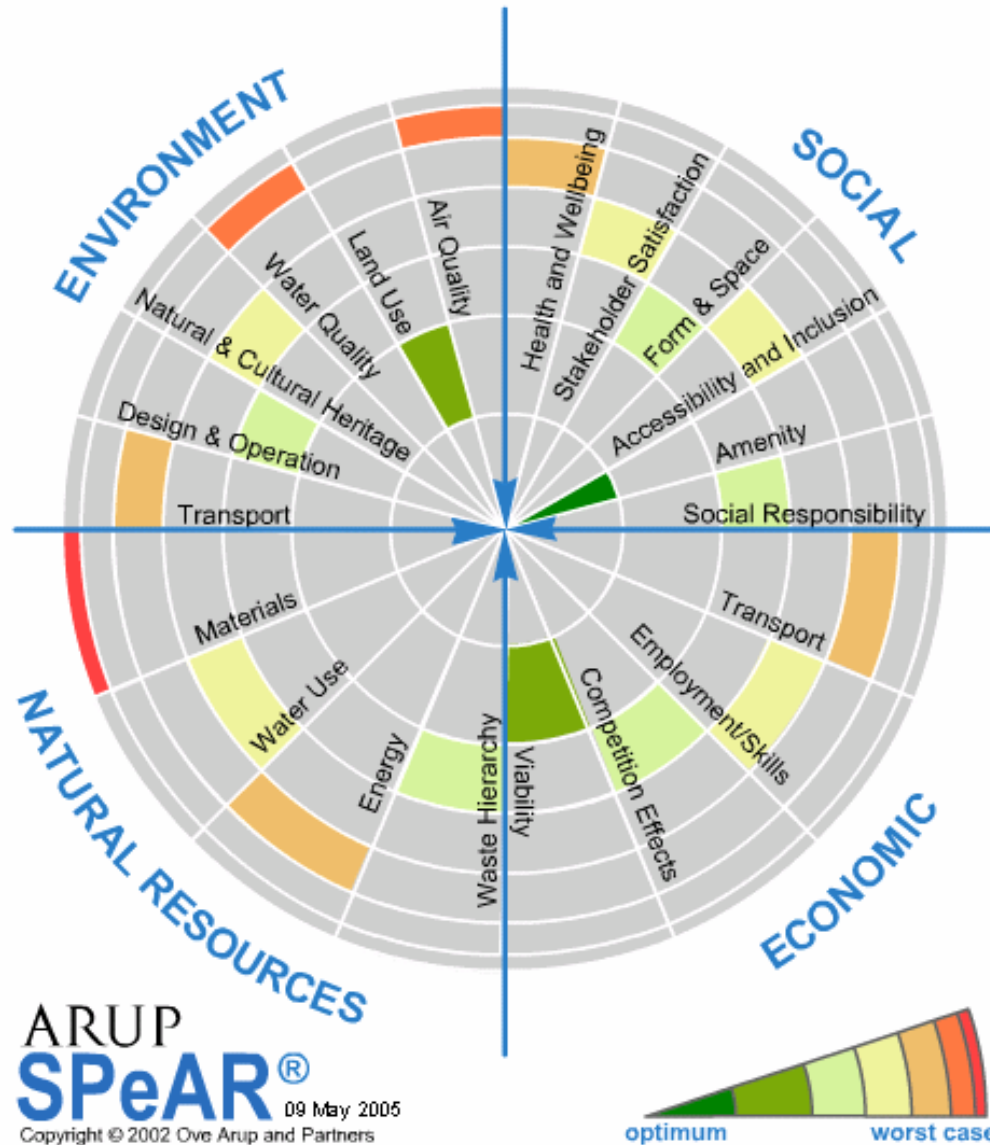
SPeAR®

## **SPeAR® helps to:**

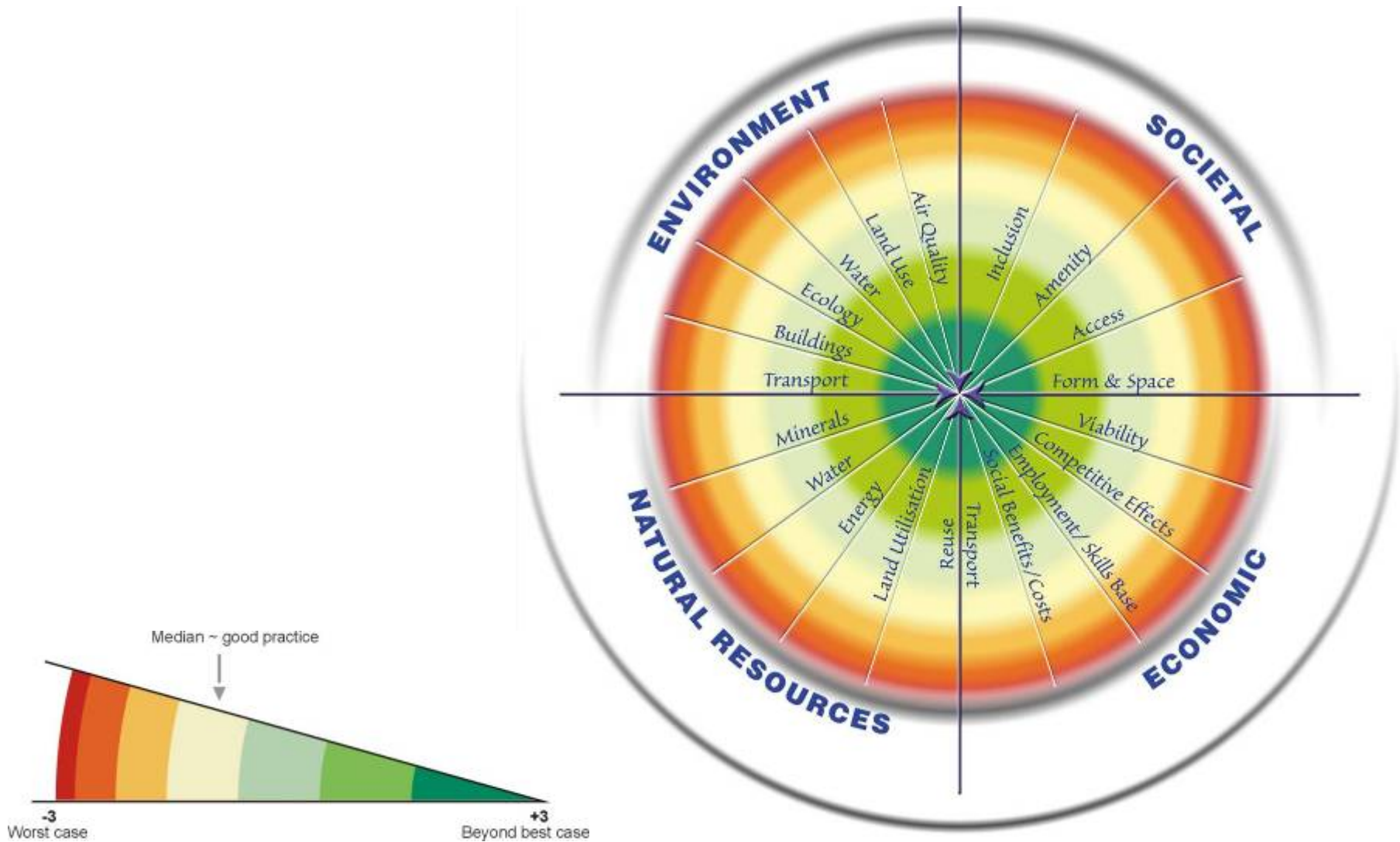
- Understand what sustainability is
- Plan for sustainable outcomes
- Design for sustainable outcomes
- Incorporate sustainability across multidisciplinary teams
- Assess sustainability performance
- Report on sustainability
- Track continuous improvement



# SPeAR® – Sustainable Project Appraisal Routine

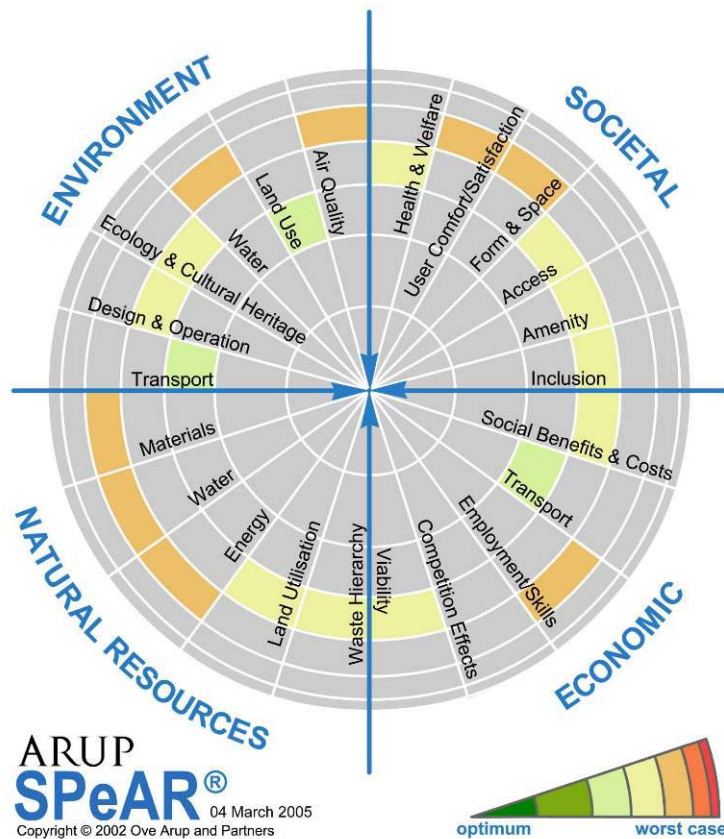


# Deconstructing the SPeAR® Diagram

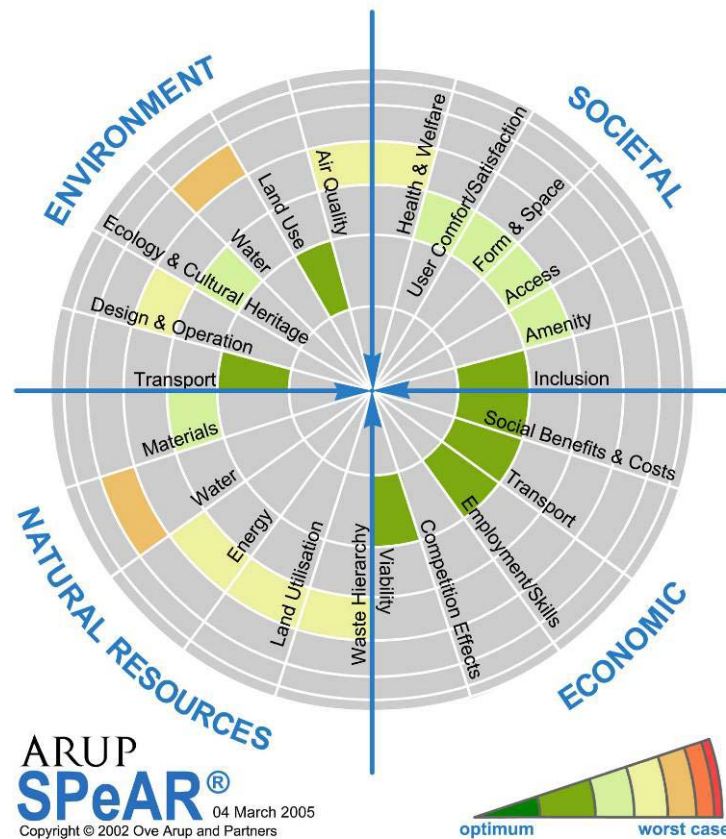


			The average score of "Materials"						
Water Use	Best Case	Worst Case	3	2	1	0	-1	-2	-3
Water Efficiency	Highly water efficient through construction and operation. Design specifically to avoid/ reduce the need for water consumption. Water efficient operations, processes or appliances to reduce consumption rates.	Low water efficiency, water intensive construction and operation. No design to avoid/ reduce water consumption. No consideration of water efficiency in operations, processes or appliances.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Water Monitoring	Provision of method to monitor, record and target water consumption, as design intent, to drive performance improvements.	No monitoring to assess water consumption levels. No awareness of performance or the need to reduce water consumption.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Process/ Construction Water Source	Process water or water for construction purposes is supplied from on-site renewable sources.	No consideration of process/ construction water source. 100% municipal supply, where water consumption competes with the local community's water resources e.g. leading to water shortages. Unsustainable abstraction of water that will potentially contribute to depletion of the aquifer.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Auxiliary Water Source	Auxiliary water e.g. for watering lawns is supplied from on-site renewable sources.	No consideration of auxiliary water source. 100% municipal supply, where water consumption competes with the local community's water resources e.g. leading to water shortages. Unsustainable abstraction of water that will potentially contribute to depletion of the aquifer.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
			The average score of "Water Use"						
Energy	Best Case	Worst Case	3	2	1	0	-1	-2	-3
Energy Efficiency	Highly energy efficient through construction and operation. Design specifically to avoid/ reduce energy consumption. Energy efficient operations, processes or appliances to reduce consumption rates.	Low energy efficiency, energy-intensive construction and operation. No design to avoid/ reduce energy consumption. No consideration of energy efficiency in operations, processes or appliances.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Energy Sources	All project energy needs satisfied by renewable sources. Use of residual heat from energy generation e.g. combined heat and power (CHP) and from high-energy processes.	Renewable energy not considered as an alternative energy source. Residual heat wasted.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Energy Monitoring	Provision of method to monitor, record and target energy consumption, as design intent. Management procedures in place.	No monitoring to assess energy performance levels. No awareness of performance in terms of energy usage.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

# Performance Comparison



**BASELINE**

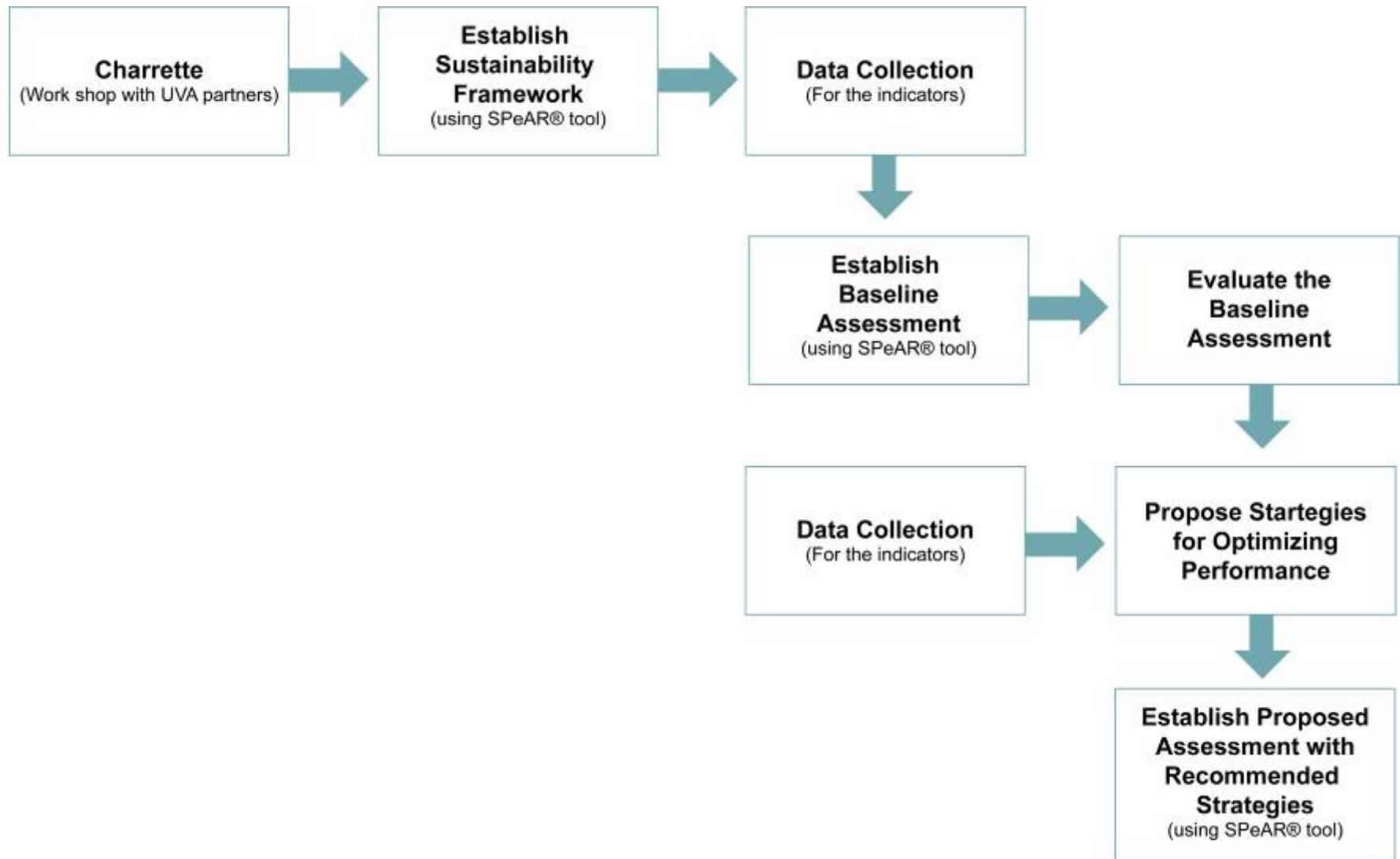


**PROPOSED**

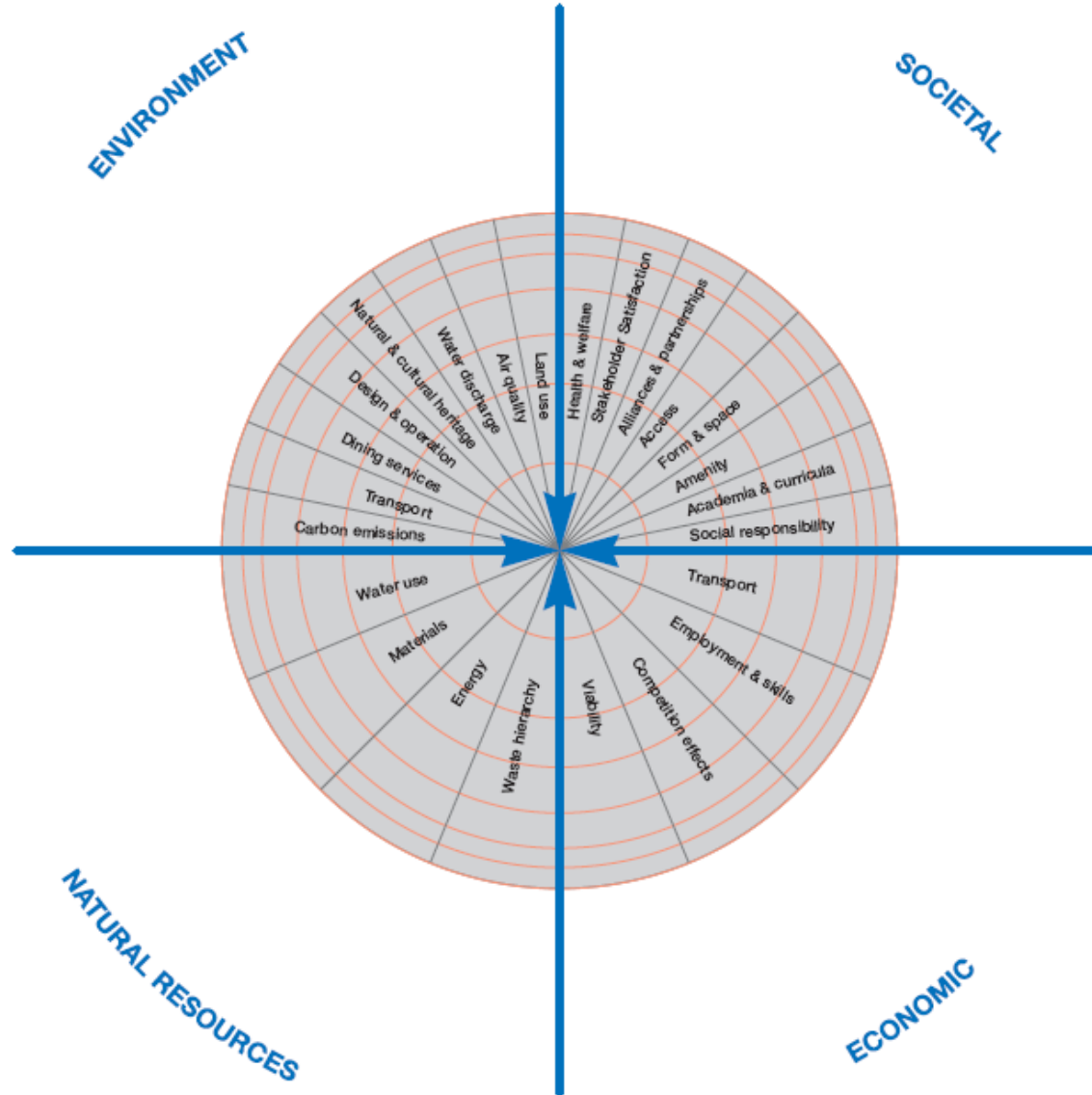


# The Process

# UVA Sustainability Assessment Process

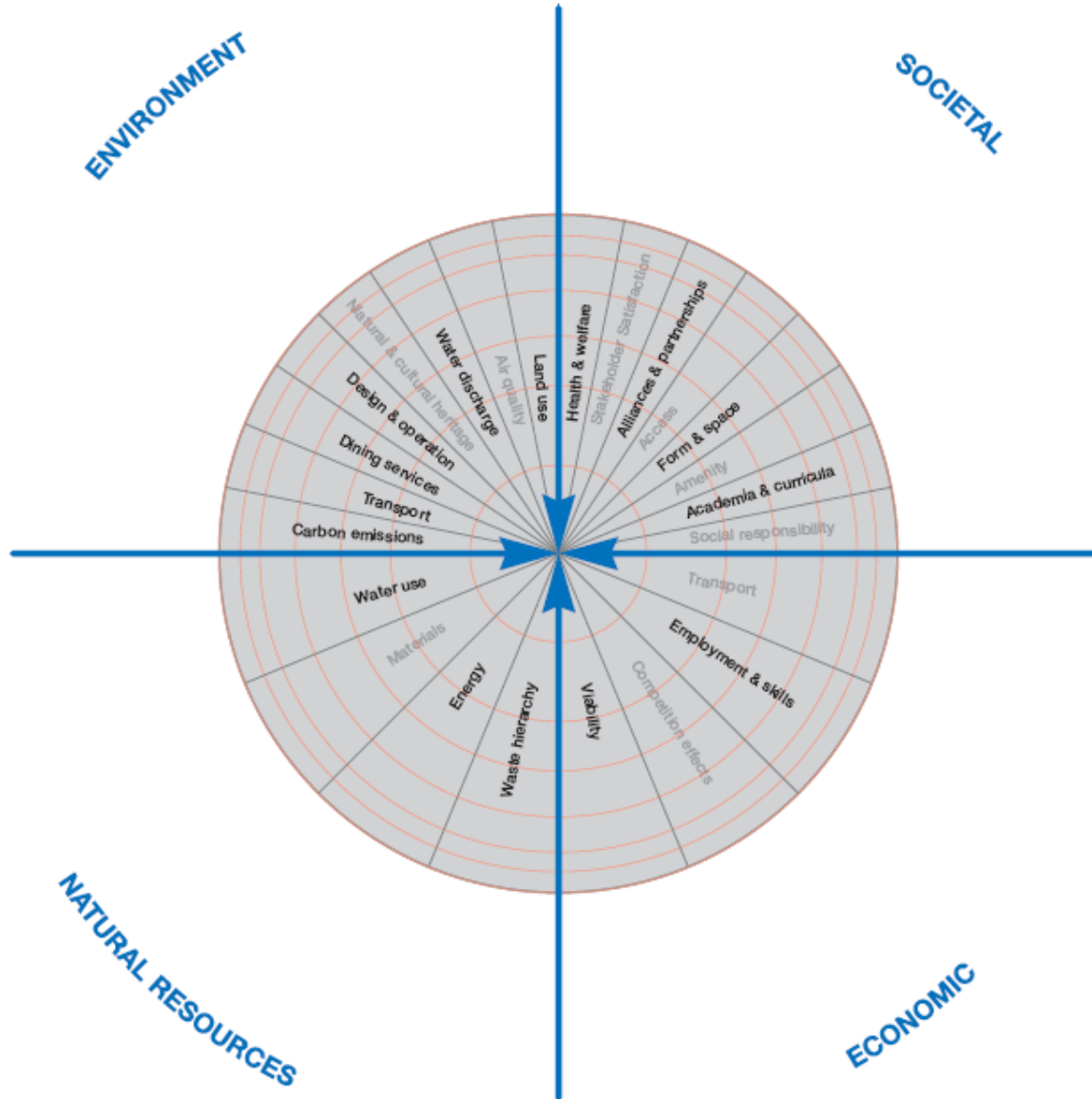


# UVA Sustainability Assessment – Framework Evolution (SPeAR)

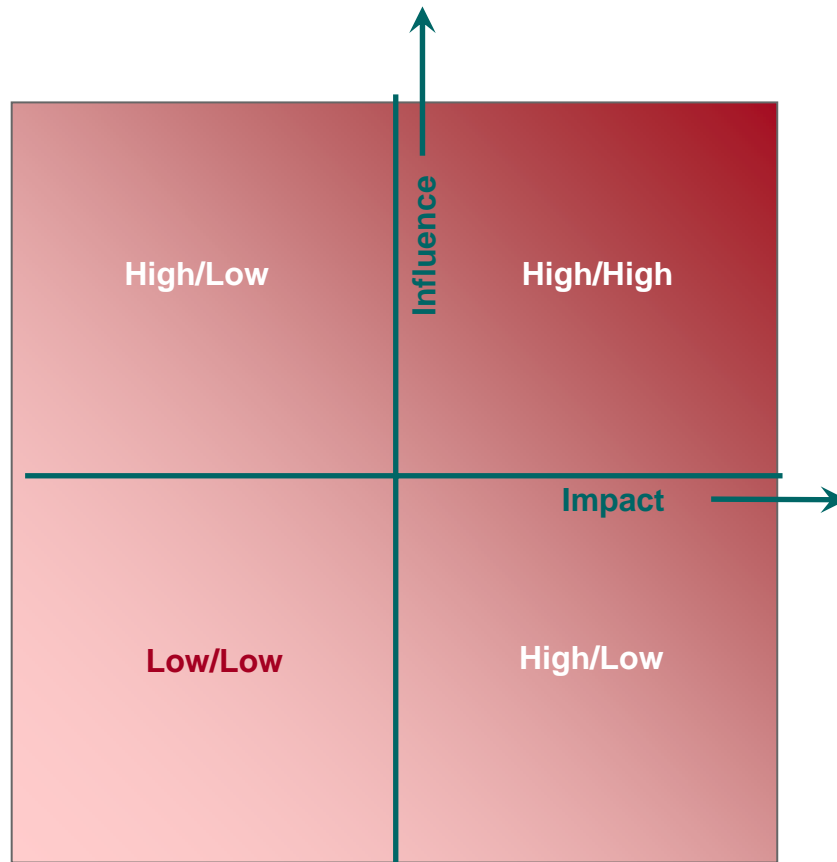


# UVA Sustainability Assessment – Framework Evolution (SPeAR)

Identify  
Applicable/  
Contextual  
Focus Areas



# Assessing Materiality



# UVA Sustainability Assessment – Framework Evolution (SPeAR)

Establish sub-indicators for assessment



## Environment

### *Land Use*

- Site Location
- Context
- Diversity/Mixed Use
- Open Space

### *Water Discharge*

- Drainage Systems
- Risk Management of Water Pollution
- Sewage Treatment

### *Design Operation*

- Assessment Methods
- EMS
- Microclimate
- Life Cycle Impact Assessment

### *•Transport*

- Public Transport Infrastructure
- Choice of Transport
- Pedestrian/Bicycle Facilities
- Green Transportation

### *Dining Services*

- Local Food
- Organic Composting
- Resource Reuse
- Educational Programs

### *Carbon Emissions*

- Transportation
- Stationary Systems

### *Natural & Cultural Heritage*

- Habitat Conservation
- Biodiversity
- Cultural Heritage Resources

## Natural Resources

### *Water Use*

- Water Efficiency
- Water Monitoring
- Process/Construction Water Source
- Auxiliary Water Source

### *Energy*

- Energy Efficiency
- Energy Sources
- Energy Monitoring
- Daylighting

### *Waste Hierarchy*

- Waste Reduction
- Recycling
- Refurbishment

## **Economic**

### ***Employment & Skills***

- Job Numbers
- Diversity
- Training Program

### ***Viability***

- Expenditure on Environmental Performance
- Innovation
- Risk Management
- Products & Services

## Societal

### *Health Welfare*

- Provision of Support Facilities
- Deliver Key Health Targets

### *Form & Space*

- Scale
- Public & Private Realm
- Communal/Circulation Areas
- Acoustical Comfort
- Rights of Light

### *Academics & Curricula*

- Incorporate Environmental Programs
- Promote Cross-disciplinary Sustainability Education

### *Alliances & Partnerships*

- Community Interaction
- Alliances with other Organization

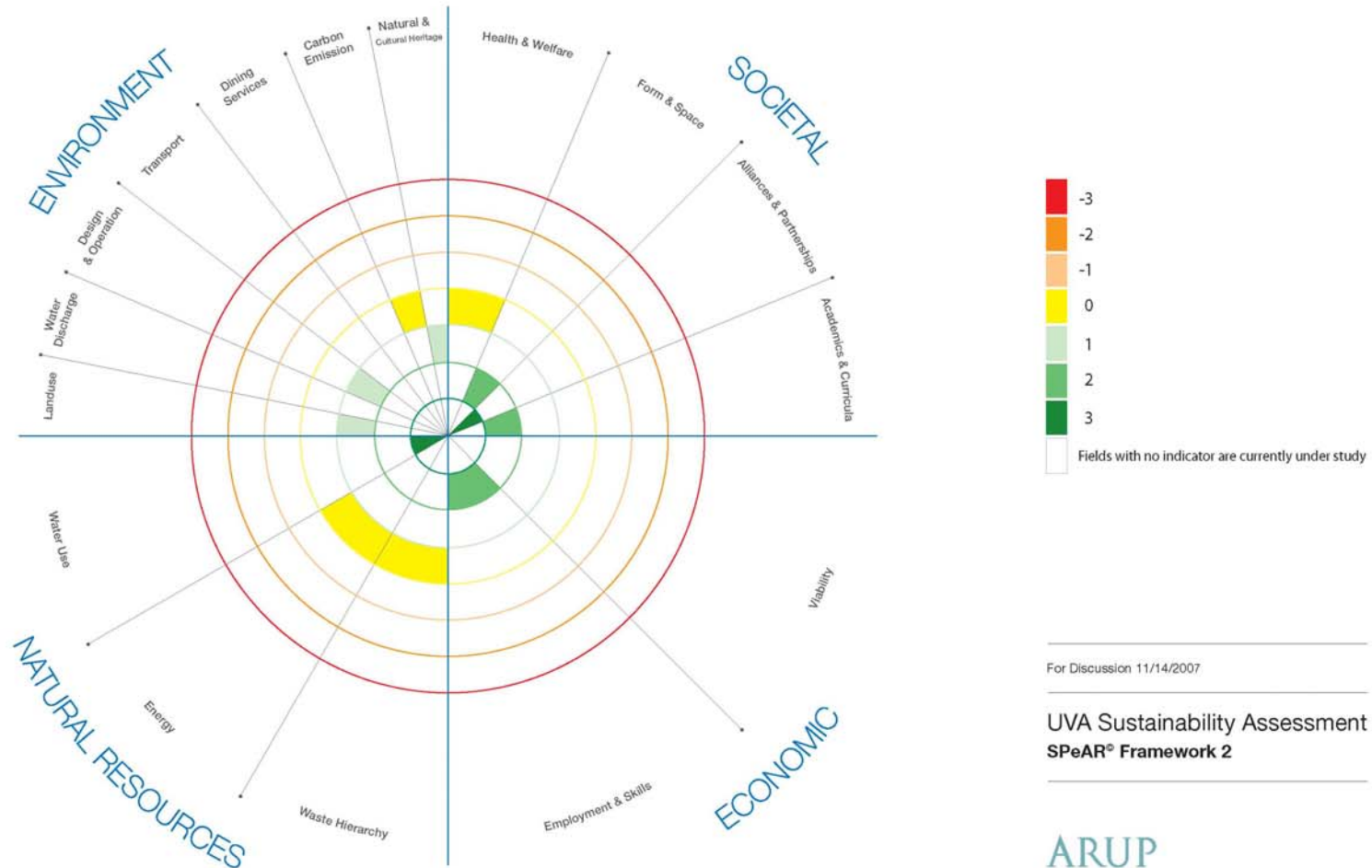


# The Assessment



# UVA Sustainability Assessment Baseline- By Focus Area

Work in Progress



## Work in Progress

### Environment

#### *Water Discharge*

- Harvest rainwater
- UVA has an effective daylighting program for its buried drainage systems

#### *Dining Services*

- Increase the percentage of local food
- Establish organic composting

#### *Carbon Emissions*

- Perform a carbon footprint analysis
- Implement goals for carbon reduction

## Work in Progress

### Natural Resources

#### *Water Use*

- Establish a target for potable water reduction
- Meter all new facilities for construction water use
- Meter and track data for water consumption

#### *Energy*

- Establish a energy reduction target across the campus
- Audit 3-5 buildings each year to monitor performance

#### *Waste Hierarchy*

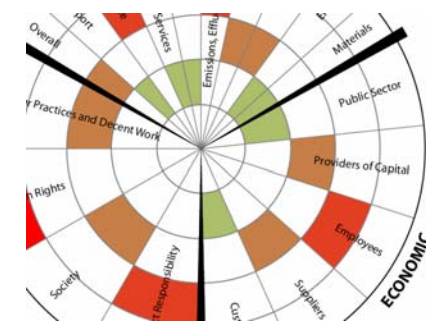
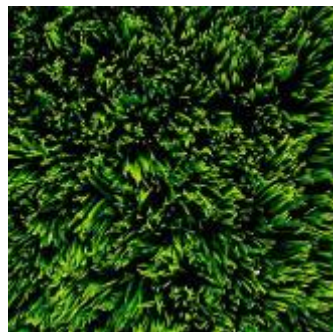
- Evaluate on-site organic composting
- Establish a goal for waste reduction

Work in Progress

## Economic

### *Employment & Skills*

- Invest in programs for employee skill development
- Develop a centralized database for training programs
- Provide training programs for the community



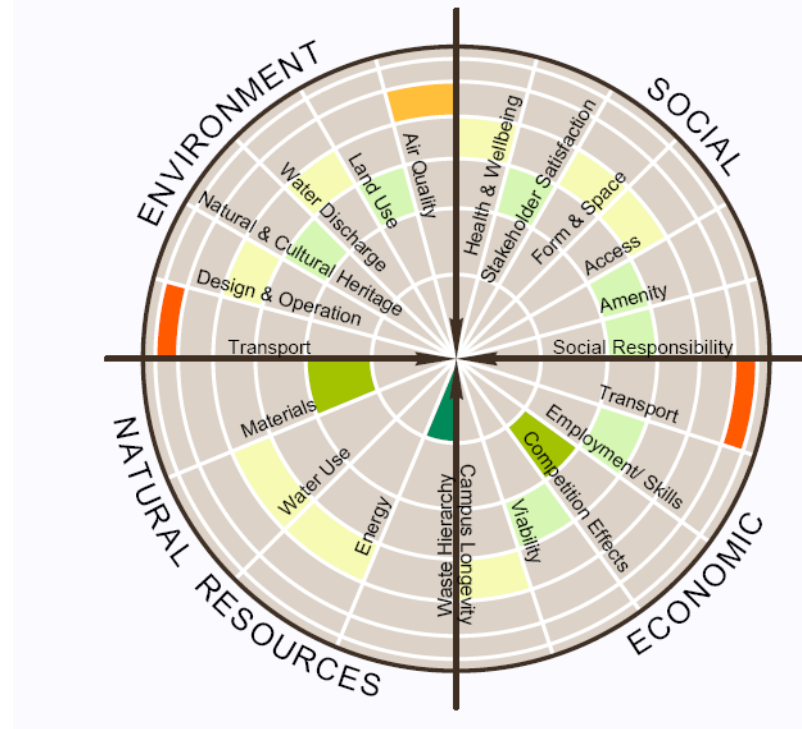
# Examples

## Project

SPeAR® assessment of Middlebury College during Masterplan

## Proposed Strategies

- **Achieve carbon neutrality**
  - Operational efficiency
  - Biomass boiler
  - Increased use of renewables
  - Carbon sequestration
  - Carbon offsetting
- **Develop a sustainable Master Plan**
- **Reporting and Guidelines**
  - Develop guidelines with performance benchmarks
  - Adopt “Designing the Future/Guiding Principles, Middlebury College” as a guideline for future decisions
  - Report performance against guidelines and principles through an annual report that meets global resource initiative (GRI) requirements



**Baseline Assessment**

## Project

SPeAR ® assessment of UC Merced during construction.

## Areas scored highly

### ■ Viability

- Meeting a market need
- Improving business within community

### ■ Cultural Inclusion

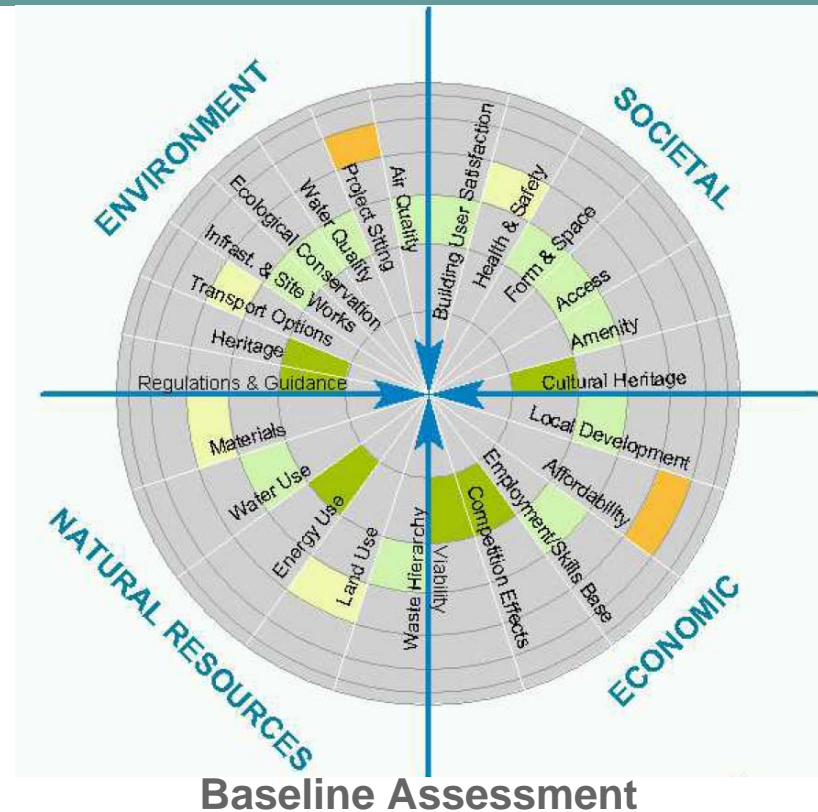
- Campus will bring a diverse range of cultural and recreational facilities
- Community interaction through student body

### ■ Regulations and Guidance

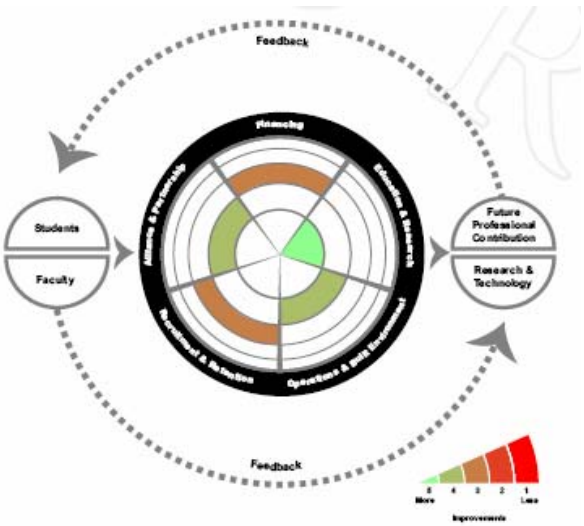
- Long Range Development Plan
- LEED – NC Silver rating

### ■ Building Energy

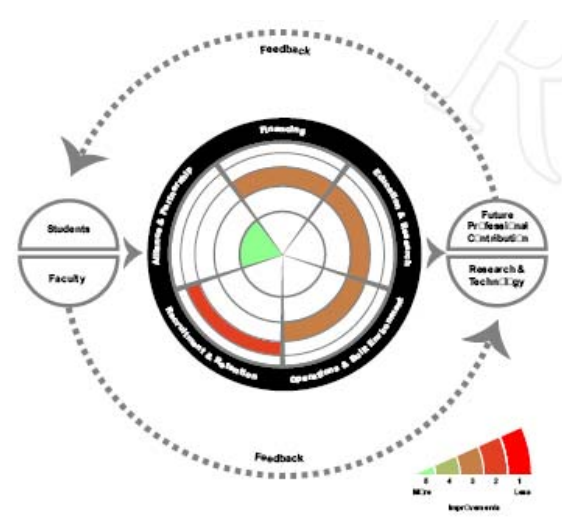
- LEED – NC Silver rating – 8 to 10 credits on energy performance



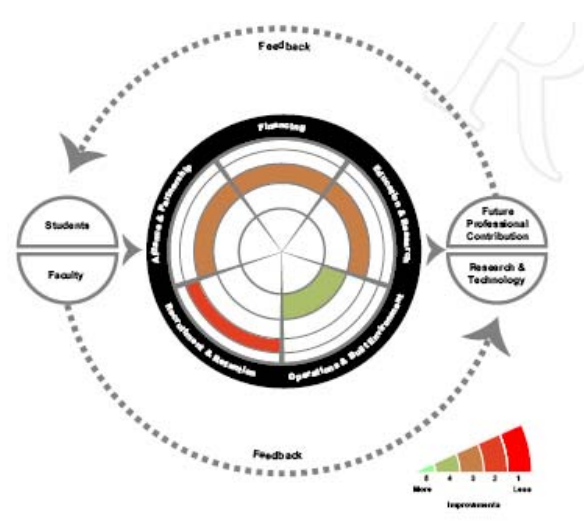
# Examples- Overarching Assessment



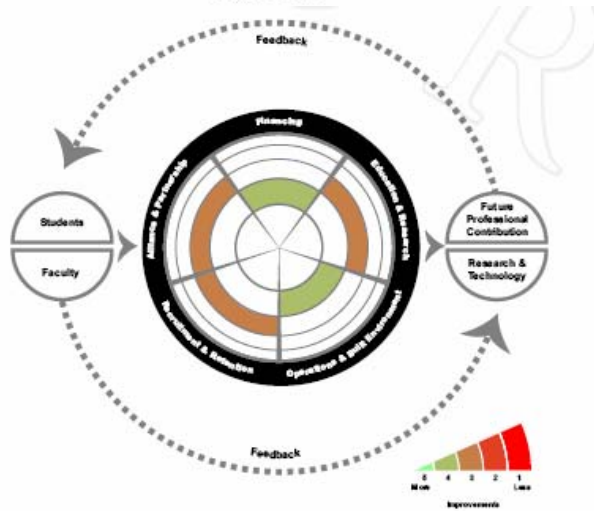
OXFORD



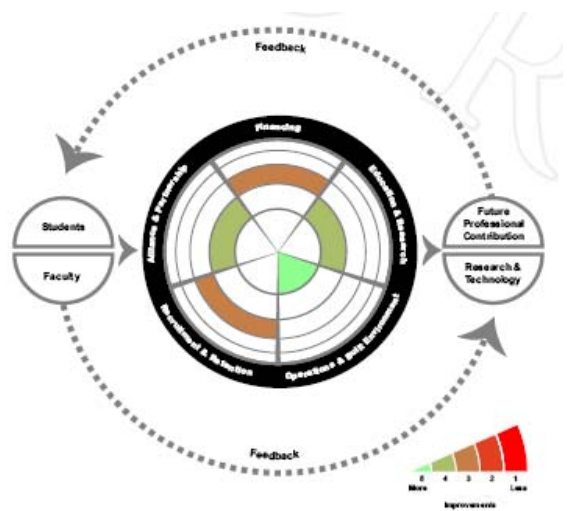
SWISS INSTITUTE OF TECHNOLOGY (ETH)



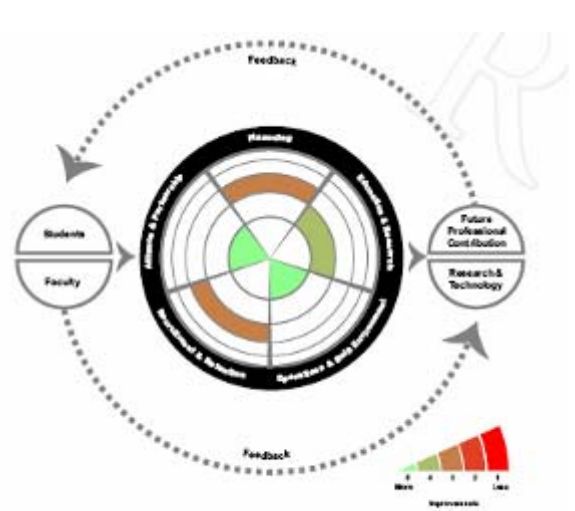
UCSB



HARVARD



STANFORD



MIT



Questions ?

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