Celebrate Spring 2016 at Your State Arboretum

Programs are in the library unless otherwise noted.
Register Early—Space is Limited
Call 540-837-1758 Ext. 224 or visit blandy.virginia.edu/our-library/online_payments
If a program is canceled, we will post on Facebook and attempt to contact those who have registered.

Blandy Book Club
Fourth Thursday of the month, 1-2 p.m.
Blandy Library — FREE
March 24: Hollows, Peepers, and Highlanders — George Constanz
April 28: The End of Night — Paul Bogard
May 26: Buzz in the Meadow — Dave Goulson
Participants should read book before meeting.

Free Arboretum Walking Tour
Wednesday, April 6, 2-3:30 p.m.
Come enjoy flowering trees, shrubs, and wildflowers in all their spring glory! Dress for the weather.
Free, but Reservations Required — Space is Limited

Mindfulness in Nature: Guided Walking Meditation
Friday, April 15, 6:30-8:30 p.m.
Shell Fischer, Insight Meditation Instructor
Learn to slow down and draw on nature through guided meditation, silent walking, and reflection. Dress for the weather; for those 16 and older.
FOSA members $10, nonmembers $12
Reservations Required

Introduction to Mindfulness
Thursday, April 21, 6:30-8:30 p.m.
Shell Fischer, Insight Meditation Instructor
Mindfulness meditation can help reduce pain and stress and increase well-being. Learn mindfulness meditation through discussion, guided meditation, and other exercises. For those 16 and older.
FOSA members $10, nonmembers $12
Reservations Required

Trillium Field Trip
Friday, April 29, 12:30-4 p.m.
Marion Lobstein, VNPS
Celebrate Arbor Day with a field trip to Thompson Wildlife Management Area. Experience a spectacular wildflower display featuring a sea of trilliums. Meet at Blandy library carpool. We have a group permit.
FOSA members $10, nonmembers $12
Reservations Required

Garden Fair
Saturday & Sunday May 7 & 8
9-4:30 both days

Macro Photography In the Garden
Tuesday, May 10, 2-5 p.m.
Doug Graham and Tim Farmer
Discover a whole new world through macro photography. Spend an afternoon shooting close-ups of flowers and insects and you’ll never view your garden the same way again! We’ll look at gear and enjoy a short slide show, but spend most of our time shooting. Bring camera, manual, and a tripod if you have one. Doug is a widely published photographer; Tim has photographed the Arboretum for 18 years.
FOSA members $30, nonmembers $35
Reservations Required — Only 15 Spaces!

Andrea Wulf, Author
The Invention of Nature: Alexander von Humboldt’s New World
Sunday, April 17, 1:30-3 p.m.
In her third program at Blandy, Andrea Wulf will explore one of history’s most important—and least known—naturalists, explorers, and thinkers. Learn how von Humboldt influenced figures from Jefferson and Darwin to Goethe and Thoreau.

Book signing and refreshments to follow
FOSA members $25, nonmembers $30
Books available for purchase through Our Shop
Reserve your copy by calling 540-837-1758 Ext. 224
Reservations Required — co-host:
Virginia Master Naturalists, Shenandoah Chapter

Secrets of the Hive: A Smithsonian Film Shot at Blandy
Thursday, May 12, 7-9 p.m.
T’ai Roulston, Blandy Research Faculty
Honey bees and other bees are threatened by parasites, pesticides, habitat loss, and other pressures. This 2015 Smithsonian film, which includes work at Blandy by T’ai Roulston and his students, highlights efforts around the world aimed at understanding and protecting our most important pollinators. Program includes an introduction by T’ai, viewing the film, and Q&A. Popcorn provided!
FOSA members $10, nonmembers $12

Backyard Pharmacy
Sunday, May 15, 2-4:30 p.m.
Geo Derick Giordano, Registered Medical Herbalist
An exploration of common herbs and backyard plants used as first aid, to mitigate illness, and to promote health and vitality. Supporting research, therapeutic doses, and drug interactions will be addressed. A plant walk will follow, so wear comfortable shoes.
FOSA members $10, nonmembers $12

Full Moon Walk
Sunday, May 22, 8:30-9:30 p.m.
Explore the Arboretum under the full moon. Wear comfortable shoes, bring a flashlight, and explore the natural world at dusk and after dark.
FOSA members $10, nonmembers $12
Member family $20, nonmember family $25
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Programs here and off site and Arboretum tours are available by arrangement for garden clubs, nonprofits, service organizations, and others.

Squirrels:
Love ’em or Leave ’em
Saturday, March 19, 2-4 p.m.
Love them or not, everyone has a squirrel story: their playful antics, or how they eat your bird seed or dig in your garden. This family event begins with a short illustrated talk; includes squirrel crafts, games, and activities; and ends with observation of Blandy’s squirrels. For the whole family, but no dogs please.
FOSA members $10, nonmembers $12
Member family $20, nonmember family $25
Join FOSA now and save!

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Garden Fair
May 7-8, 2016, 9 a.m.-4:30 p.m.
Mother’s Day Weekend
Select vendors will offer perennials, native plants, small trees and shrubs, fine items for the garden, food, and much more. Children’s activities 12-2 p.m. both days, free with Garden Fair admission.

Dig In and Volunteer!
Volunteering at Blandy is a great way to spend time in a beautiful setting, meet new people, share your knowledge, learn new skills, and more!
Volunteers help maintain gardens, lead tours, work in the gift shop, and more. Without volunteers, so much of what we do would not be possible.
Interested? Contact our Volunteer Coordinator at 540-837-1758 Ext. 246 or email fosaevents@virginia.edu.

Register Today!
☐ FOSA MEMBER or ☐ NONMEMBER
Name ____________________________
Address __________________________
City/State/Zip ______________________
Daytime Phone ____________________
Email ____________________________
Make checks payable to FOSA and mail to:
FOSA Programs
400 Blandy Farm Lane, Boyce VA 22620

Watch for These Upcoming Programs
* Firefly Festival in June
  * Full Moon Walks
  * Blandy’s Butterflies
  * Arboretum Tours
  * Exploring the Night Sky
  * Pawpaw: America’s Forgotten Fruit
  * Nature-Influenced Writing

Summer Nature Camp
June & July 2016
Blandy’s Summer Nature Camps are a great way for kids to explore nature and enjoy time outdoors. Camps include investigations of animals, plants, weather, habitats, and more, and include theme-based crafts and games.

Wetland Wonders
June 27-29, 9 a.m.-3 p.m., Grades 2-4
Eat or Be Eaten
July 11-15, 9 a.m.-Noon, Grades 2-4
EcoExplorers
July 18-22, 9 a.m.-Noon, Grades 5-8
For details, registration, and information about scholarships, go to “Programs & Events” at blandy.virginia.edu. And check us out on Facebook!

Foundation of the State Arboretum of Virginia
At the University of Virginia’s Historic
BLANDY EXPERIMENTAL FARM