Arboretum Walking Tour
Tuesday, October 2, 2-3:30 p.m.
Explore the Arboretum’s gardens and collections in the fall season. Wear comfortable shoes and dress for the weather. We will walk approximately 1 1/2 miles over gently rolling terrain.
FOSA members/Uva Alumni $10, nonmembers $15
Member/Uva family $20, nonmember family $25
Reservations Recommended

Mindfulness in Nature: Guided Walking Meditation
Monday, October 15, 5:30-7 p.m.
Shell Fischer, Mindful Shenandoah Valley
Learn to slow down and draw on nature through guided meditation, silent walking, and personal reflection. Dress for the weather; for those 16 and older. We will walk approximately 1/2 mile.
FOSA members $10, nonmembers $15
Reservations Required—Space is Limited

A Hidden Shenandoah Valley Gem
Abrams Creek Wetlands:
Stimpson Auditorium Halpin-Harrison Hall
Shenandoah University
Tuesday October 23, 7-8:30 p.m.
Woody Bousquet, Shenandoah University
With more state-rare plant species than any other limestone-based wetland in Virginia, the Abrams Creek Wetlands in Winchester and Frederick County contains many botanical surprises. Learn about the surveys that began there in 1980 and the results that were published in 2017.
FOSA and FONZ members $10, nonmembers $15
SU Students and Staff Free

Exploring the Night Sky by Telescope
Saturday, September 15, 7-9 p.m.
Shenandoah Astronomical Society
After a short introduction in the library, Society members will set up telescopes and guide us as we search the night sky for stars, planets, constellations, galaxies, and more. Dress for the weather.
FOSA members/Uva Alumni $10, nonmembers $15
Member/Uva family $20, nonmember family $25
Reservations Required

Great Photos Using Your Phone
Tuesday, October 30, 1-4 p.m.
Sharon Fisher
Would you like to take great photos using your phone? Sharon will cover composition, exposure, light, and more as you learn tips and techniques for using your smartphone as a camera. Be sure your phone’s software is up to date and the battery is charged.
FOSA members $25, nonmembers $30
Reservations Required—Space is Limited

Programs are in the library unless otherwise noted.
Register Early—Space is Limited
Call 540-837-1758 Ext. 224 1-5 p.m. or visit blandy.virginia.edu
If a program is canceled, we will post on Facebook and attempt to contact those who have registered.

Cosponsored by Sustainability Matters
All About Herbs
Saturday, September 8, 9 a.m.-Noon
Paula Brownlee, Sustainability Matters
Learn all about growing, propagating, using, and preserving herbs. Come with questions, and go home with a plant divided from Blandy’s herb garden and a bottle of herb-infused vinegar.
FOSA and SM members $20; nonmembers $25
Reservations Required—Space is Limited

Cosponsored by Sustainability Matters
Greener than Grass: A Sustainable Landscaping Series
Plating Your Yard for Pollinators
Tuesday, September 11, 6-7:30 p.m.
Marie Majarov, Virginia Master Naturalist
Learn how to landscape in order to attract and support native pollinators at all stages of their life cycles. After an illustrated talk in the library we will walk out to Blandy’s revitalized pollination garden. Light permitting, there will also be an optional visit to the Waterloo Park & Ride pollination garden.
FOSA and SM members $5; nonmembers $10
Reservations Recommended

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FOSA members/Uva Alumni $10, nonmembers $15
Member/Uva family $20, nonmember family $25
Reservations Required

Cosponsored by the Partnership for Regional Invasive Species Management
Managing Invasive Plants in the Fall Season
Thursday, October 18, 1-5 p.m.
Blue Ridge PRISM staff
Learn to identify and manage invasive species during the fall season. Samples will be on display, and you may bring securely bagged plants for identification. We will end with a walk including field identification and demonstration of techniques.
FOSA members $20, nonmembers $25
Reservations Required—Space is Limited

Cosponsored by Shenandoah University’s Dept. of Environmental Studies and the Smithsonian Conservation Biology Institute
Archams Creek Wetlands: A Hidden Shenandoah Valley Gem
Stimpson Auditorium Halpin-Harrison Hall
Shenandoah University
Tuesday October 23, 7-8:30 p.m.
Woody Bousquet, Shenandoah University
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FOSA and FONZ members $10, nonmembers $15
SU Students and Staff Free

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Sharon Fisher
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FOSA and SM members $5; nonmembers $10
Reservations Recommended

Cosponsored by Sustainability Matters
Full Moon Walk
Monday, September 24, 7-8 p.m.
Explore the Arboretum under the full moon. Wear comfortable shoes, bring a flashlight, and explore the natural world at dusk and after dark. Who knows what we might see, hear, or smell!
FOSA members/Uva Alumni $10, nonmembers $15
Member/Uva family $20, nonmember family $25
Reservations Required

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Abrams Creek Wetlands: A Hidden Shenandoah Valley Gem
Stimpson Auditorium Halpin-Harrison Hall
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FOSA and FONZ members $10, nonmembers $15
SU Students and Staff Free

Cosponsored by Sustainability Matters
Mark Your Calendar:

Nature Nurtures
Tap into the power of nature. Explore experiences that balance and nurture your whole self—mind, body and spirit—at the first Nature Nurtures festival.
October 13, 9:30 a.m.-4:00 p.m.

Holiday Workshops
Join friends in creating a traditional evergreen wreath made from fresh local greens and adornments. Choose from four sessions.
Saturday and Sunday, December 1-2
9:30-Noon and 1:30-4 both days
Registration opens in November

Annual Seed Exchange
January 26, 2019, 10 a.m.-2 p.m.
Join us for our 8th annual seed swap and information exchange in the Blandy library. Check our web site and Facebook page for details.

Winter Family Programs
A great way for families to explore and enjoy nature in winter.
Watch for details

Cosponsored by Sustainability Matters
Winter Tree ID and Potluck
Saturday, December 8, 1-4 p.m.
Matt Wolanski, Virginia Dept. of Forestry
Do all trees look the same to you in winter? Join us on a guided walk as State Forester Matt Wolanski uses buds, bark, branching, and more to identify winter trees. Followed by a potluck and social hour.
FOSA and SM members $5, nonmembers $10
Reservations Required—Space is Limited

Presented with the Shenandoah Chapter of the Virginia Master Naturalists
Blandy Bird Count and Family Festival
Sunday, December 16, 2-4 p.m.
Come to Blandy for an afternoon of free, bird-centered family activities and crafts. Learn common birds, help with our count, make a bird feeder, and more. Recommended age range 5-14 years with an adult but all are welcome. Part of the time will be spent outdoors, so dress for the weather, and bring binoculars if you have them. No dogs please.
Free, but Reservations Recommended

Blandy Book Club
Join us as we read and discuss new and classic books on the environment, natural history, and ecology. Meets at 1 p.m. on the fourth Thursday of each month except November and December.

Blandy Photo Club
The Blandy Photo Club is open to anyone with an interest in photography, from amateurs to professionals. The club meets the first Tuesday of each month at 7 p.m.

Blandy Sketch Group
The Blandy Sketch Group meets the first Thursday of each month at 1 p.m. Visitors are welcome. The group plans monthly programs of sketching, painting, workshops, and presentations to foster creative growth and artistic innovation.

Register Today!
☐ FOSA MEMBER or ☐ NONMEMBER
Name ____________________________
Address ____________________________
City/State/Zip ____________________________
Daytime Phone ____________________________
Email ____________________________

Program No. of People Total per Program

Total Payment Enclosed

Make checks payable to FOSA and mail to:
FOSA Programs
400 Blandy Farm Lane, Boyce VA 22620
Two ways to pay by credit card:
Pay online anytime at:
blandy.virginia.edu
Or call 540-837-1758 Ext. 224 M-F 1-5 p.m.
Call for Membership Information!