

What Might You See While You Walk?

There is much to watch and listen for as you walk Blandy's trails. The gently rolling terrain provides habitat for frogs and toads, butterflies and dragonflies, groundhogs and deer, and over 200 species of birds. Pay attention as you walk and you might spot a bald eagle overhead, hear a wood frog calling, flush a covey of quail, or spot a hidden doe watching you as you walk by.



Douglas Graham/WLP

Just in Case...

Your safety and well being are important to us. In case of emergency dial 911. For non-emergency assistance, call the Clarke County Sheriff (540-955-1234). An Automated External Defibrillator (AED) is located in Blandy's main office (phone: 540-837-1758 Ext. 223).

Be aware that Blandy is home to ticks and stinging insects. It is wise to check for ticks after spending time outdoors.

Blandy Experimental Farm and the State Arboretum of Virginia

Blandy Experimental Farm covers more than 700 gently rolling acres of meadows, woodlands, shrub thickets, and plantings. It is home to the State Arboretum of Virginia, whose collection includes over 5,000 trees and shrubs. Blandy is owned by the University of Virginia and is open free to the public from dawn to dusk every day.



Foundation of the State Arboretum (FOSA)

FOSA is the official fund-raising, membership, and gift-receiving organization for the State Arboretum of Virginia and Blandy Experimental Farm. FOSA is a 501(c)(3), university-related foundation.



Foundation of the State Arboretum
At the University of Virginia's Historic
BLANDY EXPERIMENTAL FARM
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Walk BLANDY



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Blandy's Walking Trails

Blandy has long been popular for walking. Whether for a leisurely stroll, a brisk walk with your dog, or an aerobic workout, Blandy's 700 acres offer endless possibilities and routes.

The four trails described here are a sample of where you can walk at Blandy. All four trails begin and end at the main parking area, and they vary from flat to slightly rolling.

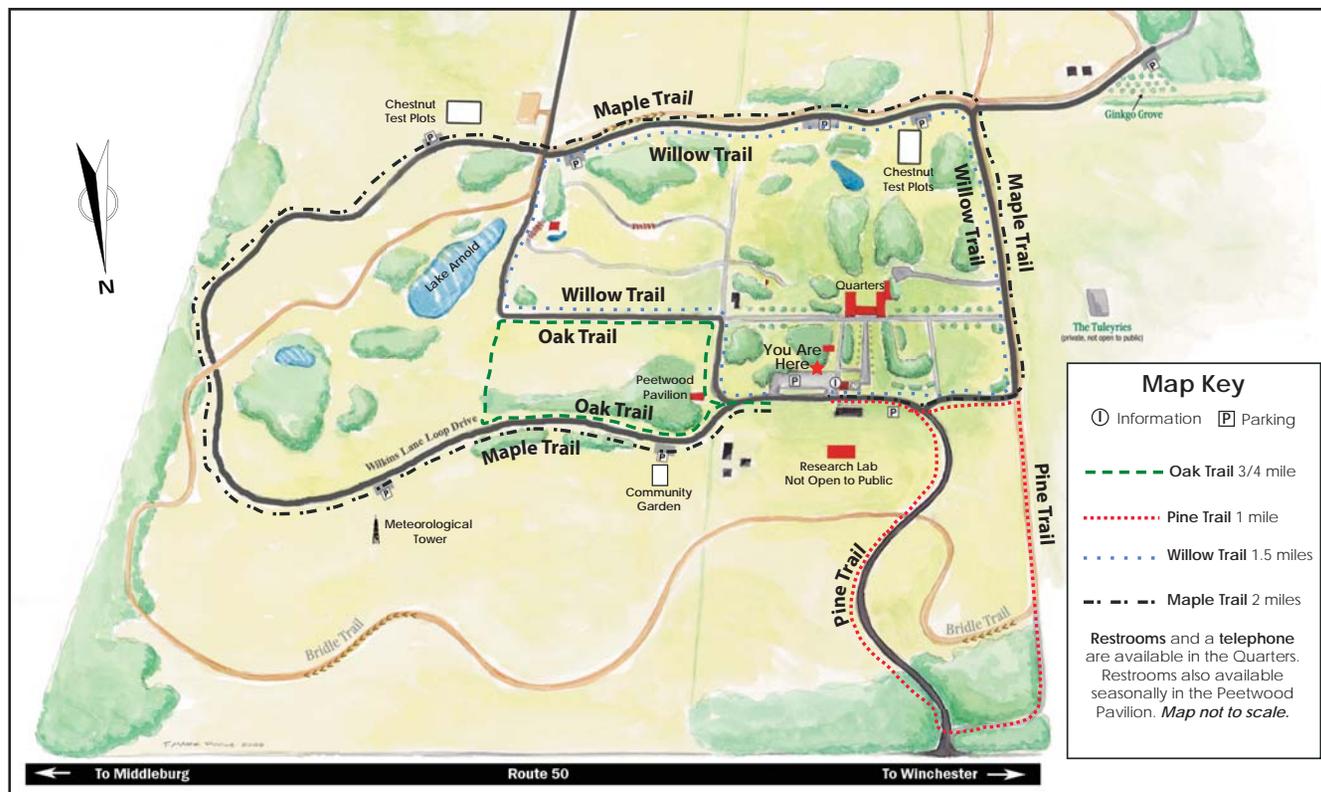
Find the trail that's right for you and start walking!



Choose a trail and start walking! This photo was taken along the Maple Trail.

Why Walk?

Walking is increasingly popular as a way to exercise. Walking increases circulation, respiration, and stamina, improves muscle tone and heart health, aids in weight loss, improves flexibility and balance, and more. Walking can also be a social experience when done with others. Many health professionals now recommend walking as a means of improving both physical and mental health.



Oak Trail (3/4 mile)

Walk east on gravel road and turn left at fork. Pass Community Garden, turn right at sign, and cross meadow. Turn right at gravel road and return. Good views of warm-season meadow.

Pine Trail (1 mile)

Walk west on paved road, turn left at gravel road, then right at stone wall. Walk with wall and pines on your left. Turn right at front woodlot, right on paved entrance road, and return. Watch for deer.

Directions begin from main parking lot. Round-trip distances are approximate.

Willow Trail (1-1/2 miles)

Walk east on gravel road and turn right at fork. Turn left, then right, passing Lake Arnold and staying on gravel road. Turn right on Wilkins Lane, then right after chestnut grove on Tuleyries Lane. Take second right (past Tuleyries) and right onto entrance road.

Maple Trail (2 miles)

Walk east on gravel road, turn left at fork, and follow the Loop Road. After a sharp curve, the road crosses a culvert and climbs a moderate slope. Pass the chestnut orchard on your left, go straight at four-way intersection, then right on Tuleyries Lane. Take second right (past Tuleyries) and right onto paved entrance road.