BOARD OF VISITORS
MEETING OF THE
STUDENT AFFAIRS AND ATHLETICS
COMMITTEE
MARCH 24, 2015
STUDENT AFFAIRS AND ATHLETICS COMMITTEE

Tuesday, March 24, 2015
1:30 – 3:00 p.m.
Byrd Room, Harrison Institute

Committee Members:
Allison Cryor DiNardo, Co-Chair
Bobbie G. Kilberg, Co-Chair
Helen E. Dragas
Frank E. Genovese
William H. Goodwin Jr.
Margaret N. Gould
George Keith Martin, Ex-officio
Allison S. Linney, Consulting Member
Dennis R. Proffitt, Faculty Consulting Member

AGENDA

I. OPENING REMARKS BY COMMITTEE CO-CHAIRS
II. REPORT BY THE VICE PRESIDENT AND CHIEF STUDENT AFFAIRS OFFICER (Ms. Lampkin)
   A. Vice President’s Remarks
      • Student Affairs
   B. Mental Health Overview and Report (Ms. Lampkin to introduce Mr. Timothy L. Davis; Mr. Davis to report)

III. REPORT BY THE ATHLETICS DIRECTOR (Mr. Littlepage)
   • Update from the NCAA Convention
BOARD MEETING: March 24, 2015

COMMITTEE: Student Affairs & Athletics

AGENDA ITEM: I. Opening Remarks by Committee Co-Chairs

ACTION REQUIRED: None

BACKGROUND: The Committee co-chairs will welcome guests and provide an overview of the meeting agenda.
BOARD MEETING: March 24, 2015

COMMITTEE: Student Affairs & Athletics

AGENDA ITEM: II.A. Report by the Vice President and Chief Student Affairs Officer

ACTION REQUIRED: None

BACKGROUND: At each meeting, the Vice President and Chief Student Affairs Officer reports to the Board on current issues and events that affect operations of the Division of Student Affairs.
BACKGROUND: Counseling & Psychological Services (CAPS) provides counseling and other mental health services to University students. CAPS also provides outreach, preventive education, and consultation to the broader University community including faculty and staff. Over the past 10 years, numerous changes in the psychological makeup of college students and in the local mental health environment have had a large impact on counseling-related services at the University. Among the most significant changes are: 1) a pronounced decrease in the emotional well-being of the college student population; 2) a decreased stigma about seeking mental health services; and 3) a sharp increase in the number of students who come to college with diagnosed psychiatric disorders.

With the outstanding clinicians at CAPS, new leadership in CAPS/Student Health, and the University's current focus on creating a stronger residential culture, CAPS is poised to play an essential role in educating healthier and higher-achieving future leaders.

Mr. Tim Davis became the Director at the University of Virginia Counseling & Psychological Services department in August 2013. He was previously Associate Director at the University of Michigan Counseling & Services department where he also served as the Clinical Director. Prior to 2009, he was at the Indiana University Counseling & Psychological Services office and the University of Dayton Counseling Center. Mr. Davis has taught courses at the graduate and undergraduate levels on a variety of topics, including group counseling, assessment, psychopathology, sex therapy, counseling techniques, and advanced seminars on the use of dreams in therapy. Mr. Davis earned his Ph.D. in Counseling Psychology from the University of Maryland, College Park and his master's in Counseling from Arizona State University. He is a trained executive coach and organizational consultant. Prior to his
career as a psychologist, he held a variety of marketing and research positions with The Procter & Gamble Company.

DISCUSSION: We will discuss how developments in the psychological health of college students and changes in the local mental health environment have impacted students presenting concerns and CAPS service delivery systems. CAPS suicide prevention efforts will also be discussed, particularly in light of the tragic events of the past six months.
BACKGROUND: The 2015 NCAA Convention held in Washington, D.C. was a historic meeting. Delegates to the Convention met to vote on a new governance structure that is intended to allow greater autonomy among the 65 schools that are members of the top five Division I conferences (Atlantic Coast Conference, Big Ten, Big Twelve, Pacific Twelve, and the Southeast Conference). Once the vote to approve the new governance structure was completed at the Convention, the 65 schools subsequently voted on a set of legislative proposals that will bring several significant changes.

DISCUSSION: Mr. Craig Littlepage, the Director of Athletics, will report on the recently adopted legislation and some of the changes that might take place in the future among the top five conferences.