

September 10, 2004

MEMORANDUM

TO: The Student Affairs and Athletics Committee:

Thomas F. Farrell, II, Chair
Susan Y. Dorsey
G. Slaughter Fitz-Hugh, Jr.
W. Heywood Fralin
James W. Head
Glynn D. Key
Don R. Pippin
Warren M. Thompson
Georgia M. Willis
Gordon F. Rainey, Jr., Ex Officio

and

The Remaining Members of the Board:

William G. Crutchfield, Jr. Terence P. Ross
Mark J. Kington Thomas A. Saunders, III
Lewis F. Payne E. Darracott Vaughan, Jr., M.D.
John O. Wynne

FROM: Alexander G. Gilliam, Jr.

SUBJECT: Minutes of the Student Affairs and Athletics Committee
Meeting on September 10, 2004

The Student Affairs and Athletics Committee of the Board of Visitors of the University of Virginia met, in Open Session, at 12 noon on Friday, September 10, 2004 in Conference Rooms A & B at the Development Office, 400 Ray C. Hunt Drive in the Fontaine Research Park; Thomas F. Farrell, II, Vice Rector and Chair, presided. Ms. Susan Y. Dorsey, W. Heywood Fralin, James W. Head, Ms. Georgia M. Willis, and Gordon F. Rainey, Jr., Rector, were present.

G. Slaughter Fitz-Hugh, Jr. and Warren M. Thompson participated by telephone.

Also present were Leonard W. Sandridge, Alexander G. Gilliam, Jr., Paul J. Forch, Ms. Patricia M. Lampkin, Craig K.

Littlepage, Ms. Penny Rue, Russ Federman, Ms. Madelyn F. Wessel, and Ms. Jeanne Flippo Bailes.

Director of Athletics on Recruitment of Student-Athletes

Reversing the order of the published Agenda, the Chair asked Mr. Littlepage, the Director of Athletics, to give his report on the recruitment of student-athletes.

Mr. Littlepage told the Committee about recent efforts by the NCAA to regulate visits of prospective athletic recruits to college campuses. He then talked about the University's own efforts in this regard and listed some ground rules: The focus of such visits should be on on-Grounds activities; visits should be on a scale comparable to student life at the University and should highlight traditions unique to the University; visits should incorporate assistance from University groups involved in recruitment efforts; illegal or discriminatory activities will be prohibited; and visits will be monitored periodically through exit interviews and surveys.

The Athletics Department will standardize and strengthen practices and policies regarding visits throughout the Department. Also to be standardized and strengthened are educational efforts for student hosts and for prospective students, as well as the processing of forms and other paperwork, the responsibilities placed on coaches, and the responsibilities and expectations placed on student hosts and prospects.

The Chair asked Ms. Lampkin, Vice President for Student Affairs, to continue with the Agenda.

Student Behavior

Ms. Lampkin reminded the Committee that at its meeting on May 25th (see the Minutes of the Student Affairs and Athletics Committee, May 25, 2004), there was a discussion on student behavior at the University - a discussion that prompted the Committee to ask her to make a more detailed presentation at a later meeting. Using slides and material distributed to the Committee, she led a provocative and comprehensive discussion of the subject.

There are a number of factors cited nationally - the problem is national and not unique to the University - as causes for problems of student behavior. Among these societal and generational factors are increased mobility among families, the decline of family support systems, greater use of medications, the potential for violence having become a reality, and earlier

exposure to sex, drugs, and alcohol use. Persons born in 1982 or after - generically referred to as "The Millenials," have been both protected by their parents and exposed in very graphic ways to the dark side of humanity - violence, sexual promiscuity, drug abuse. They report anxiety and depression as common experiences.

Students at the University are demonstrably bright, high achievers, and accustomed to success. But they may not be used to failure, to asking for help or for negotiating personal conflict. Ms. Lampkin then cited a number of national newspaper headlines reflecting student violence, depression and suicide.

A nationwide college health assessment in 2003, which took the form of a random sampling of 21 post-secondary institutions in the country, resulting in 11,990 completed surveys, found 43% of the respondents functionally impaired by depression. Of these 43%, some 42% took antidepressant medication, 10% considered attempting suicide and 2% attempted suicide.

Other studies show that for adolescents over the last 10 years, there has been a two- to three-fold increase in antidepressant medication and a fourfold increase in the prescription of drugs for attention deficit disorders. Yet another study on violent behavior shows that the frequency of such behavior increases from 2% to 10-12% with psychiatric disorders; with drug abuse (including alcohol) the frequency increases to 25% with alcohol, 19% with marijuana and 35% with other drugs. Psychiatric disorders and substance abuse occurring together present a risk of 64%. These instances are twice as prevalent among males and seven times more prevalent among the young.

Data for University of Virginia students are similar to the national data, although the numbers are relatively lower. The number of students requiring hospitalization for psychiatric treatment has increased: e.g., 40 persons hospitalized in 2003-2004 vs 28 in 1999-2000. And alcohol use continues to be a concern.

Ms. Lampkin said the University is attempting to deal with these problems in a variety of ways. Education and prevention is one of these and she described what is being done at Summer Orientation, the Opening Convocation, Fall Orientation, through residence hall programming, and so on. There is increased involvement with parents in these efforts and there are organized student initiatives.

She then described the resources available to students - counseling and psychological services through Student Health and the Dean of Students Office and through a variety of other entities, including the University Police. She listed the various University judicial systems and their involvements.

Finally, Ms. Lampkin listed initiatives underway for improvement. There is a better mechanism for interim suspension or partial interim suspension. Parents are to be involved sooner in instances where problem behavior is identified. There will be changes in the application for admission to the University which will require disclosure of all non-trivial criminal offenses. All students will be required to disclose arrests or convictions for all criminal offenses, other than minor traffic offenses, incurred throughout their time at the University. The Psychological Hearing Procedures are being revised to reflect the increase in psychological issues and the Sexual Assault Procedures are being changed to focus on investigative procedures and definitions. Ms. Lampkin is working with the University Judicial System to increase student initiations to develop better mechanisms for managing violations of the Standards of Conduct occurring in residence halls.

Executive Session

After approving the following motion, the Committee went into Executive Session at 1:15 p.m.:

That the Student Affairs and Athletics Committee of the Board of Visitors of the University of Virginia go into Executive Session with General Counsel to discuss and evaluate specific and individual student disciplinary cases, as provided for in Section 2.2-3711 (2) and (7) of the Code of Virginia.

The Committee resumed in Open Session at 2:00 p.m. and after adopting the following resolution certifying that its discussions in Executive Session had been conducted in accord with the rules set forth by the Virginia Freedom of Information Act, on further motion adjourned:

That we vote on and record our certification that, to the best of each Board member's knowledge, only public business matters lawfully exempted from open meeting requirements and which were identified in the motion(s) authorizing the closed session, were heard, discussed or considered in closed session.

AGG:lah

These minutes have been posted to the University of Virginia's Board of Visitors website.

<http://www.virginia.edu/bov/studentminutes.html>