



INTRAMURAL-RECREATIONAL SPORTS

UNIVERSITY OF VIRGINIA

MASSAGE THERAPY

Please plan to arrive 10 minutes before your scheduled appointment to complete paperwork.

You will meet the therapist in the massage room, which is located next to the free weight room at the furthest end of the basketball courts. You do not need to check in at the desks for your appointment

Please enter the room quietly and relax in the reception area until your therapist greets you.

If you wish to reschedule or cancel an appointment, please do so one full business day in advance of your appointment to avoid being charged in full for the appointment. The IM-REC Sports Business Office hours are M-F , 800 AM-5:30 PM (924.3791).

All therapists are certified and licensed through the state of Virginia Board of Nursing.

During treatments, your body is fully draped, except the area being worked on. Please communicate comfort requests such as room temperature, type of massage or music volume to our staff during your visit.

Gift Certificates are available and ideal for any occasion.

We thank you for your patronage and hope you enjoy your session.