

University of Virginia Intramural Sports Sand Volleyball

Each player must present a valid UVA student ID or current Recreation Membership Card and photo ID before each contest to be eligible to participate - No Exceptions. All players must have checked in with an Intramural Supervisor and be recorded on the game sheet before they are allowed to participate.

All Intramural participants are responsible for their own medical expenses. Any participant unsure of his/her physical condition should check with their family physician or the Elson Student Health Center before participating in an Intramural Sports contest.

Game time is forfeit time.

Sand Volleyball is self-officiated. The Intramural Supervisors shall have the power to make decisions on any matters or questions not specifically covered in the rules.

Intramural Volleyball rules will govern play for any rules not mentioned in the following Sand Volleyball rules:

1. All jewelry is prohibited and will result in either an automatic point or a side-out.
2. A team shall consist of 4 players. A team can play with a minimum of 3 players. For the Co-Rec league, the following combinations are acceptable: 2M & 2W, 2M & 1W, 1M & 2W.
3. A volley-for-serve determines which team serves first. The team who did not serve the first game will serve the second game. If a third game is needed, another volley-for-serve will determine who serves.
4. All matches will consist of the best 2-out-of-3 games. In the first two games, the first team to earn **25 points** will win a game. If the score is tied 24-24, then the first team to gain a two-point advantage is the winner. If a third game is necessary, the first team to score **15 points** will win, regardless of the point differential.
Rally scoring will be used in all games. Rally scoring means that a point is won on each serve, no matter whether the team who won the point served the ball or not.
5. There are no restrictions regarding floor position. Any player may play any position within the court at any time. There are no restrictions for back line players. A player may spike or block regardless of their position at the serve.
6. Servers must follow the serving rotation set at the beginning of a game. A substitute may replace any player as long as they occupy the position that player was in.
7. For the Co-Rec League, men and women must alternate positions. During a volley, a ball may be returned by either a male or a female. If the ball is contacted more than once on a team's side, **both a male and a female must contact the ball.** Failure to do so will result in either a point or a side-out.