Founded in 1972, the Lorna Sundberg International Center provides a comfortable environment for the sharing of cultures at U.Va. A division of U.Va.’s International Studies Office, the Lorna Sundberg International Center (IC) supports the University’s global education initiatives by providing programs and services to enhance the experience of U.Va.’s international students, scholars, faculty, staff, and families, as well as opportunities for intercultural enrichment for the University and the local communities. Programs and services include social and cultural events, language and cooking programs, meeting and reception space and short-term lodgings.

The IC produces a monthly e-newsletter highlighting the events scheduled for the coming month which reaches approximately 5,500 individuals (international undergraduate and graduate students and scholars, community members, and domestic students).
SOCIAL & CULTURAL EVENTS AND COOKING PROGRAMS

Each month, the IC hosts several social and cultural events – activities, cooking classes, talks, movies, and local outings – in which 150 people on average participate. A slight increase from last year, a total of 857 people joined in events; about one-third of participants attended multiple events. Just over half of the participants were international.

Many of the programs, such as Persian Dance, Chinese Calligraphy and Knots, and Step into Japan, were led by international students, scholars, and family members who volunteered to share aspects of their culture with the University and local communities. IC staff organized local outings, movie nights, potlucks, and programs to experience aspects of U.S. culture, such as pumpkin carving for Halloween and a Super Bowl party.

Attendance at most events ranged from 15 to 20 participants with the exception of the larger special events which included the Thanksgiving Meal Match program which connected 43 internationals with 24 American families, and three social events with an average attendance of 170 people: the Mary Ellen Brown Family Picnic at High Mowing Farms in Batesville hosted by the family of the IC’s long-time conversation group leader in her memory; the New Year’s Luncheon at the IC in two back-to-back sessions; and the Spring Bluegrass Picnic in the IC’s back yard featuring the local band Whiskey Rebellion with dancing led by a dance caller, Southern food, and a photo booth. (See Appendix for a full list of programs.)

Cooking programs continued to draw people to the IC. Classes were hands-on and lively, with lots of peeling, chopping, and talking. Of the 38 volunteer-led cooking programs offered this year, four had a U.S. theme and 34 featured international cuisine. To manage the high demand, the IC implemented a new registration format which placed participants in a cooking program every other month thereby cutting the waiting list almost in half from the previous year.

In the fall, the IC launched Meetup Fridays, targeted at international and American families. This new program took the place of the discontinued International Women’s Group. Each month, 10-15 participants engaged in cooking, knitting, crafting, and discussions about each other’s culture. All activities were participant-led.

“I’ve had a wonderful time this year participating in programs at the International Center. I can’t wait to come back in the fall!” - Undergraduate student
Where are IC participants from?

The top 5 home countries are outlined in orange. In order of participant numbers - USA, China, India, Japan, and South Korea

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Who are IC participants?

406 U.S. nationals and 451 internationals

<table>
<thead>
<tr>
<th>Category</th>
<th>U.S.</th>
<th>Internationals</th>
</tr>
</thead>
<tbody>
<tr>
<td>Undergraduate</td>
<td>175</td>
<td>58</td>
</tr>
<tr>
<td>Graduate</td>
<td>168</td>
<td>33</td>
</tr>
<tr>
<td>Scholars</td>
<td>81</td>
<td>4</td>
</tr>
<tr>
<td>Faculty/staff</td>
<td>53</td>
<td>50</td>
</tr>
<tr>
<td>Family members</td>
<td>78</td>
<td>22</td>
</tr>
<tr>
<td>Community members</td>
<td>119</td>
<td>16</td>
</tr>
</tbody>
</table>

U.S. internationals
**ANNUAL PROGRAMMING SURVEY RESULTS**

More than 80% of respondents agreed or strongly agreed that they were satisfied with their experience at the IC and the quality of the social and cultural events and cooking programs.

<table>
<thead>
<tr>
<th>What did participants like best about the IC and its programs?</th>
<th>Cooking programs, meeting new people, the helpfulness of the staff, the comfortable and welcoming environment, and other specific programs</th>
</tr>
</thead>
<tbody>
<tr>
<td>What did participants like least about the IC and its programs?</td>
<td>Crowded events or events too popular to get in, parking, timing of programs, and location</td>
</tr>
<tr>
<td>Which type of programs participants would like more of?</td>
<td>Cooking programs, arts and crafts from different cultures, and film screenings</td>
</tr>
</tbody>
</table>

*Responses are in order of frequency. Ninety participants responded to the survey.*

**LANGUAGE PROGRAMS**

Our longstanding English language programs for international spouses, family members, scholars, and community members saw an unexpected increase of participant numbers this year. In response, we added a second section of Multiskills English and put in place an online application system with screening interviews.

To complement the English programs, we offered the University and wider community Language Jumpstart (LJS) for a second year. LJS is a short-term foreign language program in which participants learn everyday phrases, greetings, basic grammar, and alphabet phonetics and practice in small groups with native and/or advanced speakers. This year we collaborated with the Department of Spanish, Italian and Portuguese, the Department of French, and the Department of East Asian Languages to offer Spanish, French, Mandarin Chinese, and Portuguese. Overall, student evaluations showed positive feedback for the program, materials, and instructors.

<table>
<thead>
<tr>
<th>Language Programs</th>
<th>Semesters</th>
<th>Participants</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>English Language</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Multiskills English, CAELC</td>
<td>fall and spring</td>
<td>35 (F), 31 (S)</td>
</tr>
<tr>
<td>Advanced Oral Communication, CAELC</td>
<td>fall and spring</td>
<td>18 (F), 17 (S)</td>
</tr>
<tr>
<td>Culture and Customs in the U.S. Group</td>
<td>fall and spring</td>
<td>32 (F), 14 (S)</td>
</tr>
<tr>
<td>English Conversation Group</td>
<td>fall and spring</td>
<td>39 (F), 20 (S)</td>
</tr>
<tr>
<td>Book Discussion Group</td>
<td>fall and spring</td>
<td>41 (F), 27 (S)</td>
</tr>
<tr>
<td>Combined Conversation and Book Group</td>
<td>summer</td>
<td>10</td>
</tr>
<tr>
<td><strong>Language Jumpstart</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Spanish</td>
<td>fall</td>
<td>10</td>
</tr>
<tr>
<td>French</td>
<td>fall</td>
<td>7</td>
</tr>
<tr>
<td>Chinese</td>
<td>spring</td>
<td>13</td>
</tr>
<tr>
<td>Portuguese</td>
<td>spring</td>
<td>11</td>
</tr>
</tbody>
</table>
International Education Week - The IC hosted events and IC staff served on the committee for U.Va.'s International Education Week (IEW). This year's IEW had a variety of events, including a Passport Drive, Language Fair, international career workshop, movie screenings, and talks across grounds.

Global Café - The IC collaborated with other divisions in the International Studies Office (ISO) to create Global Café. Once a month on grounds, the event brought together students, faculty, and staff from around the world for conversations, international trivia, study abroad presentations, games and refreshments.

HooSucceed! - The IC worked with the International Students & Scholars Program to develop a workshop series to help new students and scholars succeed in the classroom, in cultural adjustment, and in off-Grounds employment.

American Ways Workshops - The IC hosted four American Ways workshops for groups of international students and visitors at U.Va. to help them understand and adjust to everyday American culture. Two of the workshops were held at the IC and included a baking activity.

LORNA SUNDBERG SCHOLARSHIP

Rafat Khan, rising 4th year international student from Bangladesh, was awarded the 2014 scholarship for his academic achievement and commitment to volunteerism. Rafat, commerce major in the McIntire School of Commerce and philosophy major in the College, distinguished himself through his outstanding leadership and contribution to the U.Va. community in many areas including the UVa Clubs Student Ambassadors, Student Entrepreneurs for Economic Development, and Take Back the Night. He received the award during the IC’s annual volunteer appreciation luncheon.

This scholarship was created in 2002 to honor the memory of Lorna Sundberg, longtime leader of the International Center, whose life reflected a high level of personal commitment to volunteerism and community service.
Over the course of the year, the IC’s six furnished guest rooms housed 47 international visitors from 21 countries and 25 departments. They came to U.Va. for short-term study, research, and collaboration. The top three sending countries were Germany, Italy and Brazil and the top three sponsoring departments were Astronomy, Chemistry and Environmental Science.

During this time, IC meeting and reception spaces were used 136 times by 40 U.Va. organizations. Due to the increased demand, only U.Va. departments and organizations with an international/multicultural focus and ethnic/cultural CIOs could reserve the space starting in January 2014.

In exit surveys of the house guests, most stated they liked sharing the public spaces as it gave them a chance to meet both local people and visitors from all around the world. Feedback from the groups using the IC showed that they enjoyed the beauty and comfort of the building and grounds.

Over the winter break, the International Center’s roof and gutters were replaced, the chimneys were repaired, and the lower level rooms were repainted.

See Appendix for a full list of space users, home countries of house guests, and departments sponsoring house guests.

**STAFF & VOLUNTEERS**

The people who made it all possible include: 2 full-time staff, a resident manager, 6 student staff, 5 language instructors, 27 language volunteers, 24 cooking volunteers, and 20 social and cultural program volunteers.
SOCIAL AND CULTURAL EVENTS AND COOKING PROGRAMS (84)

Large Special Events
Mary Ellen Brown Family Picnic
New Year’s Luncheon
Spring Bluegrass Picnic

Cooking programs
Cavalier Cooking Two Chainz Mealtime
Cavalier Cooking Vietnamese
Cavalier Cooking Brazil
Cavalier Cooking East Meets West
Cavalier Cooking Korean Street Food
Cavalier Cooking Sushi Rolls
A Taste of Thailand
American Grilling
Asian Desserts
Bangladeshi Wedding Dishes
Bengali Cuisine
Bengali Dishes from the Feast of the Sacrifice
Bengali Pitha
Caribbean Carnival
Central Vietnamese Grilled Pork
Cupcakes Strawberries and Truffles
Dim Sum
Easy Chinese Jajiang Mien
Easy Dishes From Palestine
Everyday Bangladeshi Food
German
Goenchem Tapas
Naan and Kabob
Nicaraguan Cuisine
Northern Chinese
Persian
Polish Cuisine
Russian Kitchen
Spanish Tapas
Spring Into Salads Across the Globe
Stews and Coffee from Kuwait
Summer Salads and Smoothies
Tale of Two Cuisines Mexican and Bengali
A Taste of the Caribbean
Taste of Southern Italy
Tostadas Fiesta
Under the Sea Caribbean Seafood Dishes
Vegetarian Vietnamese Dishes

Activities
Belly Dancing Workshop
Chinese Calligraphy and Knots
Classical Indian Music Demonstration
Flash Seminar: Middle Eastern Culture and Food
Gingerbread House Making
Holiday Potluck and Folklore
International Field Day
International Wine Tasting
Inuit Art and Culture
Kouksundo
Meetup Fridays (8 events)
Monticello Quintet
Panoramic Sugar Egg Making
Persian Dance Workshop
Pilates Break
Pumpkin Carving
Scottish Country Dancing
Step Into Japan
Sundaes at the Center
Thanksgiving Meal Match
Zumba

Local Outings
A Taste of Morocco at Alhamra Restaurant
Cavaliers Care Day
Fralin Art Museum Tour: Charmy
Fralin Art Museum Tour: Golden Age
Ghosts and Mysteries Tour
Humpback Sunset Hike
Three Notchd Brewery

Russian Kitchen
Spanish Tapas
Spring Into Salads Across the Globe
Stews and Coffee from Kuwait
Summer Salads and Smoothies
Tale of Two Cuisines Mexican and Bengali
A Taste of the Caribbean
Taste of Southern Italy
Tostadas Fiesta
Under the Sea Caribbean Seafood Dishes
Vegetarian Vietnamese Dishes
Movies and Viewings
Documentary Screening: Living On One Dollar
Movie Night In The Backyard: Alamar
Pizza and Movie: Habibi
Pizza and Movie: Leo's Room
Screening and Reception: Go Grandriders
Superbowl Viewing Party
Winter Olympics Opening Ceremony

MEETING AND RECEPTION SPACE USERS (40)

Student groups
Alternative Spring Break
Baking Club
Campus Kitchens at UVA
Christian Students
Circle K International
Fourth Year Trustees
Global Development Organization
McIntire Exchange Students
McIntire Leadership Minor Project
Middle Eastern Leadership Council
Net Impact
Second Year Council
Sustainability Students
United Sisters Sisterly Love
Society for the Promotion of Indian Classical Music and Culture Amongst Youth

Departments and organizations
Biology
Education Abroad
Human Resources
International Hospitality Programs
International Students and Scholars Program
International and Summer & Special Academic Programs
Japanese Chorus
Korea Korner
McIntire School of Commerce
Music
Shea House Arabic
Spanish, Italian and Portuguese Department
Student Health
Summer Language Institute (9 groups)
The Nutrition Counseling Center and Hoos Well
U.Va. Women's Club

HOME COUNTRIES OF HOUSE GUESTS (21)
Australia
Brazil
China
France
Germany
India
Italy
Japan
Jordan
Lebanon
Netherlands
Nigeria
Pakistan
Poland
Portugal
Switzerland
Taiwan
Tanzania
Thailand
Turkey
Ukraine
<table>
<thead>
<tr>
<th>DEPARTMENTS SPONSORING HOUSE GUESTS (25)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Anesthesiology</td>
</tr>
<tr>
<td>Astronomy</td>
</tr>
<tr>
<td>Biology</td>
</tr>
<tr>
<td>Center for Cell Signaling</td>
</tr>
<tr>
<td>Chemical Engineering</td>
</tr>
<tr>
<td>Chemistry</td>
</tr>
<tr>
<td>Darden School of Business</td>
</tr>
<tr>
<td>Engineering</td>
</tr>
<tr>
<td>Environmental Sciences</td>
</tr>
<tr>
<td>Immunology and Cancer Biology</td>
</tr>
<tr>
<td>Infectious Diseases</td>
</tr>
<tr>
<td>Law School</td>
</tr>
<tr>
<td>Materials Science and Engineering</td>
</tr>
</tbody>
</table>