PUBLICATIONS


MEDIA MENTION

Dan Willingham was quoted in a USA Today article on the "21st Century Skills" movement in education:

RESEARCH PROFILE

In this series, we ask researchers: What is a recent finding of yours that you are excited about?

Shari Steinman: General cognitive models of anxiety posit that cognitive biases in interpretation, attention, and memory maintain and possibly cause anxiety disorders. In a project I did with Bethany Teachman, we created a computer program to test this model by attempting to modify interpretive biases among participants high in anxiety sensitivity. People high in anxiety sensitivity fear symptoms related to anxiety, such as difficulty breathing or a racing heart. The training program successfully induced more benign interpretations of subsequent ambiguous scenarios through first having participants read and imagine themselves in a series of ambiguous scenarios related to anxiety sensitivity that were resolved positively. Excitingly, results showed that training significantly decreased anxiety sensitivity and provided hints that it could decrease fear during behavioral tasks that elicit unusual bodily sensations. Clinically, these findings are important because they add to the accumulating evidence that modifying cognitive biases may be an easy and inexpensive way to reduce and prevent anxiety pathology. Modifying cognitive biases is a very young science, and I am very excited to be able to watch and participate in its development.

UNIVERSITY in NUMBERS

Number of student, faculty and staff affiliated with UVa in the 2008-2009 academic year:
<table>
<thead>
<tr>
<th>Students</th>
<th>#</th>
</tr>
</thead>
<tbody>
<tr>
<td>Undergraduate</td>
<td>13,762</td>
</tr>
<tr>
<td>Graduate</td>
<td>4,904</td>
</tr>
<tr>
<td>First-professional (Law &amp; Medicine)</td>
<td>1,725</td>
</tr>
<tr>
<td>On-Grounds Continuing Education</td>
<td>666</td>
</tr>
<tr>
<td>TOTAL</td>
<td>21,057</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Faculty &amp; Staff</th>
<th>#</th>
</tr>
</thead>
<tbody>
<tr>
<td>Full-time instructional/research faculty</td>
<td>2,171</td>
</tr>
<tr>
<td>Full-time other staff</td>
<td>10,230</td>
</tr>
<tr>
<td>TOTAL</td>
<td>12,401</td>
</tr>
</tbody>
</table>

Source: http://www.virginia.edu/Facts/index.html

EVENTS of the WEEK

Monday, March 9, 2009

- Developmental Lunch, 12:00pm-1:15pm, GIL 225
  Paloma Visscher

Tuesday, March 10, 2009

- Community Lunch, 12:30-1:45, GIL 225
  Jonathan Mohr, George Mason University, *Minority Stress as a Multilevel Phenomenon: Evidence from LGB Populations*
- Social Lunch, 12:30pm-1:45pm, GIL B001
  Patricia Devine, University of Wisconsin-Madison, *The Active Control of Prejudice: Unpacking the Intentions Guiding Control Efforts*

Wednesday, March 11, 2009

- Cognitive Lunch: 12:30pm-1:45pm, GIL 225
  Dale Cohen, UNC Wilmington

- Sensory and Systems Neuroscience Lunch: 12:30pm-2pm, GIL B001
  Stan King

Thursday, March 12, 2009
• Quantitative Area Lunch (DADA): 12:30pm-1:45pm, GIL 225
  Monica Erbacher

Friday, March 13, 2009

• Clinical Lunch: 12pm-1pm, GIL 225
  Hillary Schaefer, *Case Examples and Ethics in Clinical Neuropsychology at Western State Hospital*