

QUIZ

ARE YOU PREPARED TO USE THE PILL, PATCH OR RING?

1. How do pills, Evra Patch or Nuva Ring work to prevent pregnancy?
2. When in the menstrual cycle should contraceptive hormones (pill, patch, ring) be started?
3. When do the contraceptive hormonal methods become effective for pregnancy prevention after they are started?
4. Under what circumstances might your birth control not be effective?
5. What are some good back-up methods of birth control? When should you use a back-up method of birth control?
6. Why is it important to take your pills on time?
7. If you are taking the pill, what should you do if you miss one pill in your pack? Two pills? More than two pills?
8. If you are using the patch, what should you do if the patch falls off for less than 24 hours? More than 24 hours?
9. If you are using the ring, what should you do if the ring falls out and it has been less than 3 hours? More than 3 hours?
10. What should you do if you have any reason for concern that your hormonal method of contraception might not be protective under particular circumstances?
11. What are possible benefits of hormonal contraception?
12. What are some minor side effects that may occur during the first few months of hormonal contraceptive use?
13. What are the **serious** health problems occasionally associated with hormone use?
14. What are the early symptoms, or **ACHES** warning signs, of serious health problems that, if experienced while taking hormones, should be reported immediately to your health care provider?
15. Why is it recommended to stop smoking while taking hormones?