

FAQ's about Contraceptive Coverage with Chickering Insurance

(per C. Peterson, M.D. 12/04/02)

1. Which contraceptives are covered under the 2001-2002 plan?

ALL prescription contraceptive methods are included in the plan. Methods that a woman purchases from a pharmacy and then takes, applies, or inserts herself (oral contraceptives, patch, diaphragm, ring) are covered under the **prescription plan**. Methods that are injected or inserted by a clinician (DepoProvera, Lunelle, IUDs) are covered under **medical/surgical benefits**. This means that the exact amount of coverage may vary for the different methods.

2. How much will I have to pay for oral contraceptives?

The pharmacy benefit is the same for o.c.'s as it is for all other medications. If you take a brand name pill, you pay the cost up to \$30 (per month), and the plan covers the rest, if any. If you take a generic pill, you pay the cost up to \$10 (per month) and the plan covers the rest, if any. See the attached table for a current list of oral contraceptives. They are grouped according to ingredients. Brands/generics with identical ingredients are clustered in adjacent rows of the same color.

The attached table also lists those brands/generics that are currently available at the Student Health Pharmacy and their current (Dec. 2002) costs. Availability and costs are subject to change. Note that some "brand names" can be dispensed to Chickering insureds at the generic cost. Note also that prescriptions from any licensed physician or nurse practitioner in the US can be filled at the Student Health Pharmacy – students and spouses do not have to receive care at Student Health in order to use the Student Health Pharmacy.

3. Should I switch to a generic pill? How do I do that?

The FDA has tested generic medications and determined that they are identical in therapeutic efficacy to brand name medications. Talk with the health care provider who prescribes your pill about whether she/he thinks switching, either to the generic for your brand name or to a different pill that has a generic equivalent, is a good idea for you.

4. How much do other methods typically cost?

| <u>Method</u> | <u>At Student Health</u> | <u>Community providers or pharmacies</u> |
|--|--------------------------|--|
| These methods are covered by the medical benefit (\$30 co-pay at Student Health; 20% co-insurance at community providers): | | |
| IUD | Not available | \$150-300 plus visit fee |
| DepoProvera | \$62 (lasts 3 months) | Similar plus visit fee |
| Lunelle | \$30 (lasts 1 month) | Similar plus visit fee |
| These methods are covered under the pharmacy benefit (see above - both are brand names): | | |
| NuvaRing (vaginal ring) | \$45 (per month) | \$55-60 |
| OrthoEvra (patch) | \$22 (per month) | \$35-40 |

Oral Contraceptives - Brand Names and Generics

December 4, 2002 per Chickering/Aetna and UVa SH Pharmacy

| <u>Cost at Student Health Pharmacy</u> | | <u>Name (Company)</u> | <u>Ingredients</u> (see below for abbreviations) | <u>Brand</u> | <u>Generic</u> |
|--|------------|---|---|--------------|----------------|
| Self-pay | Chickering | MONOPHASIC | | | |
| n.a. | | Apri (<i>Barr</i>) | | | X |
| n.a. | | Desogen (<i>Organon</i>) | | X | |
| 16 | 10* | Ortho Cept (<i>Ortho-McNeil</i>) | D (0.15), EE (30) | X | * |
| 32 | 30 | Yasmin (<i>Berlex</i>) | DR (3), EE(30) | X | |
| n.a. | | Demulen 1/35 [1/50] (<i>Pharmacia</i>) | ED (1), EE (35) [50] | X | |
| 31 | 10* | Zovia 1/35 [1/50] (<i>Watson</i>) | | | X |
| 16 | 10* | Alesse (<i>Wyeth-Ayerst</i>) | | X | * |
| n.a. | | Aviane (<i>Barr</i>) | | | X |
| n.a. | | Lessina (<i>Barr</i>) | LNG (0.1), EE (20) | | X |
| n.a. | | Levlite (<i>Berlex</i>) | | | X |
| n.a. | | Levlen (<i>Berlex</i>) | | | X |
| 29 | 10* | Levora (<i>Watson</i>) | LNG (0.15), EE (30) | | X |
| n.a. | | Nordette (<i>Wyeth-Ayerst</i>) | | X | |
| n.a. | | Portia (<i>Barr</i>) | | | X |
| 16 | 16 | Ovcon 35 [50] (<i>Warner Chilcott</i>) | N (0.4), EE (35) [50] | X | |
| n.a. | | Brevicon (<i>Watson</i>) | | X | |
| n.a. | | Modicon (<i>Ortho-McNeil</i>) | | X | |
| n.a. | | Necon 0.5/35 (<i>Watson</i>) | N (0.5), EE (35) | | X |
| n.a. | | Nortrel (<i>Barr</i>) | | | X |
| n.a. | | Genora 1/50 | | | X |
| n.a. | | Necon 1/50 (<i>Watson</i>) | | | X |
| n.a. | | Nelova 1/50 | N (1), M (50) | | X |
| n.a. | | Norinyl 1/50 (<i>Watson</i>) | | X | |
| n.a. | | Ortho-Novum 1/50 (<i>Ortho-McNeil</i>) | | X | |
| n.a. | | Genora 1/35 | | | X |
| n.a. | | Necon 1/35 (<i>Watson</i>) | | | X |
| n.a. | | Nelova 1/35 | | | X |
| n.a. | | Norethin 1/35 | | | X |
| n.a. | | Norinyl 1/35 (<i>Watson</i>) | N (1), EE (35) | X | |
| n.a. | | Nortrel 1/35 (<i>Barr</i>) | | | X |
| 16 | 10* | Ortho-Novum 1/35 (<i>Ortho-McNeil</i>) | | X | * |

*** = When "Voluntary Formulary Permitted" is checked on prescription, this brand name can be dispensed and charged as a generic for Chickering insureds.**

| Self Pay | Chickering | Name (<i>Company</i>) | Ingredients (see below for abbreviations) | Brand | Generic |
|-----------------------|------------|---|--|-------------------|---------|
| n.a. | | LoEstrin 1/20 [1.5/30] (<i>Pfizer</i>) | NA (1) [1.5], EE (20) [30] | X | |
| 32 | 10* | Microgestin 1/20 [1.5/30] (<i>Watson</i>) | | | |
| 16 | 16 | Ortho Cyclen (<i>Ortho-McNeil</i>) | NM (0.25), EE (35) | X | |
| n.a. | | Sprintec (<i>Barr</i>) | | | X |
| n.a. | | Cryselle (<i>Barr</i>) | | | X |
| 16 | 10* | Lo/Ovral (<i>Wyeth-Ayerst</i>) | NG (0.3), EE (30) | X | * |
| n.a. | | LowOgestrel (<i>Watson</i>) | | | |
| n.a. | | Ogestrel (<i>Watson</i>) | NG (0.5), EE (50) | | X |
| n.a. | | Ovral (<i>Wyeth-Ayerst</i>) | | X | |
| MULTIPHASIC | | | | | |
| n.a. | | Cyclessa (<i>Organon</i>) | D (0.15, 0.125, 0.15), EE (25) | X | |
| 32 | 10* | Kariva (<i>Barr</i>) | D (0.15), EE (20, 0, 10) | | X |
| n.a. | | Mircette (<i>Organon</i>) | | X | |
| n.a. | | Enpresse (<i>Barr</i>) | | | X |
| n.a. | | Tri-Levlen (<i>Berlex</i>) | LNG (0.05, 0.075, 0.125), EE (30, 40, 30) | | X |
| 16 | 10* | Triphasil (<i>Wyeth-Ayerst</i>) | | X | * |
| n.a. | | Trivora (<i>Watson</i>) | | | X |
| n.a. | | Jenest (<i>Organon</i>) | N (0.5,1), EE (35) | X | |
| n.a. | | Necon 10/11 (<i>Watson</i>) | | | X |
| n.a. | | Ortho Novum 10/11 (<i>Ortho-McNeil</i>) | N (0.5, 1), EE (35) | X | |
| 16 | 16 | Ortho Novum 7/7/7 (<i>Ortho-McNeil</i>) | N (0.5, 0.75, 1), EE (35) | X | |
| n.a. | | TriNorinyl (<i>Watson</i>) | N (0.5, 1, 0.5), EE (35) | X | |
| 32 | 30 | Estrostep (<i>Pfizer</i>) | NA (1), EE (20, 30, 35) | X | |
| 16 | 16 | Ortho TriCyclen (<i>Ortho-McNeil</i>) | NM (0.18, 0.215, 0.25), EE (35) | X | |
| n.a. | | Ortho TriCyclen Lo (<i>OrthoMcNeil</i>) | NM (0.18, 0.215, 0.25), EE (25) | X | |
| PROGESTIN-ONLY | | | | | |
| n.a. | | MicroNor (<i>Ortho-McNeil</i>) | | X | |
| 37 | 30 | NorQD (<i>Watson</i>) | N (0.35) | X | |
| n.a. | | Ovrette (<i>Wyeth-Ayerst</i>) | LNG (0.075) | X | |
| ABBREVIATIONS | | | | | |
| | | D = desogestrel | LNG = levonorgestrel | NM = norgestimate | |
| | | EE = ethinyl estradiol | N = norethindrone | NG = norgestrel | |
| | | DR = drospirenone | M = mestranol | | |
| | | ED = ethinodiol diacetate | NA = norethindrone acetate | | |

