

## Counseling and Psychological Services

Dear Mental Health Provider:

If the student who has provided you with this letter has been granted a medical withdrawal from the University of Virginia, he/she must receive “medical clearance” prior to his/her reenrollment. Typically students accomplish this by obtaining treatment and having their physician or mental health professional provide appropriate documentation to the Department of Student Health, Counseling and Psychological Services (CAPS). This documentation is reviewed for evidence that sufficient improvement has occurred and that the student’s psychological/psychiatric condition does not pose significant risk to the student’s future academic performance.

The attached form will facilitate your providing documentation of the above. It must be received and reviewed at CAPS prior to a student’s reenrollment. If you prefer to provide a narrative report that covers the same information requested, that is also acceptable. Please keep in mind that the more detail you provide, the more we will be able to rely upon your recommendation without having to request an additional clinical assessment of the student.

Once this information is received, and if you are supportive of the student’s intent to return to the university, the student will likely be allowed to reenroll. We very much appreciate your cooperation in supplying us with the above information at the appropriate time.

Sincerely,

Russ Federman, Ph.D.  
Director, Counseling and Psychological Services