**Vaccines Administered in General Medicine Clinic:**

Monday-Friday
9am-12pm and 1pm-4pm

Self-Schedule @
https://www.healthyhoos.virginia.edu

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**Documentation of Immunizations**

(If needed for graduate school admission, medical school rotation, student teaching or other requirement)

Make a formal request to the Medical Records department:

- Complete the “Consent for the Medical Release of Information” form, available at Student Health and at www.virginia.edu/studenthealth/records.html
- Please allow at least 10 working days for the Medical Records Department to fill your request.

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**Vaccines Available at Student Health**

Costs will vary based on manufacturer guidelines:

- Flu
- Gardasil (HPV)
- Hepatitis A
- Hepatitis B
- Japanese Encephalitis
- MMR (Measles, Mumps, Rubella)
- Meningitis (Menactra/Menveo)
- Polio
- PPD (TB skin test - not available on Thursdays)
- Rabies (pre exposure)
- Tetanus (Td & Tdap)
- Typhoid
- Twinrix (Td & Tdap)
- Varicella
- Yellow Fever: ONLY available at Student Health during Travel Clinics

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**For Additional Information**

**U.Va. Student Health Center**
www.virginia.edu/studenthealth

**Centers for Disease Control (CDC)**
www.cdc.gov/nip/recs/adult-schedule.htm

**American College Health Association**
www.acha.org/info_resources/guidelines.cfm
www.acha.org/info_resources/RIP1statement.pdf

**Healthy Hoos (Online Student Health)**
https://www.healthyhoos.virginia.edu

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**Joint Commission**
on Accreditation of Healthcare Organizations

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**Department of Student Health**
Division of Student Affairs

400 Brandon Avenue
Charlottesville, VA 22903
(434) 982-3915
email: studenthealth@virginia.edu
www.virginia.edu/studenthealth

- **Produced by:**
  Sandra J. Murray, RN, MSN

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**Revised 05/2014**
# Required and Recommended Immunizations

## Required Vaccines

<table>
<thead>
<tr>
<th>Vaccine</th>
<th>Dose(s)</th>
<th>Frequency/Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>MMR (Measles, Mumps, Rubella) (if born 1957 or later)</td>
<td>2</td>
<td>1 month apart, or 2 doses each of MMR, or Positive Immune Titer</td>
</tr>
<tr>
<td>Polio</td>
<td>series</td>
<td>Documentation of vaccine series AND date of last booster, or Positive Immune Titer</td>
</tr>
<tr>
<td>Tuberculosis (TB) (March 1, 2012 or later)</td>
<td>See supplemental information sheet</td>
<td></td>
</tr>
<tr>
<td>Meningitis (Undergraduates)</td>
<td>1</td>
<td>1) Menactra/Menveo (preferred) or 2) Menomune) (since Sept. 1, 2010)</td>
</tr>
<tr>
<td>Hepatitis B</td>
<td>3</td>
<td>0-1-6 month interval</td>
</tr>
<tr>
<td>Tetanus (Td or Tdap)</td>
<td>1</td>
<td>Documentation of Tdap (preferred) or Td within 10 years of 9/1/2014.</td>
</tr>
</tbody>
</table>

## Recommended Vaccines

<table>
<thead>
<tr>
<th>Vaccine</th>
<th>Dose(s)</th>
<th>Frequency/Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hepatitis A</td>
<td>2</td>
<td>6 months apart</td>
</tr>
<tr>
<td>Twinrix (Hepatitis A &amp; B combination)</td>
<td>3</td>
<td>0-1-6 month interval (can replace both Hepatitis A and B vaccine)</td>
</tr>
<tr>
<td>Varicella (Chickenpox)</td>
<td>2</td>
<td>1 month apart (if no history of Chickenpox)</td>
</tr>
<tr>
<td>Pertussis (Whooping Cough)</td>
<td>1</td>
<td>Tdap, May be given regardless of interval since last Td.</td>
</tr>
<tr>
<td>HPV (Human Papilloma Virus)</td>
<td>3</td>
<td>Gardasil in 0-2-6 month intervals</td>
</tr>
<tr>
<td>Influenza (Flu)</td>
<td>1</td>
<td>Annually, during fall</td>
</tr>
</tbody>
</table>

## Additional Vaccine Information

- Although students may request an [exemption waiver](#) to decline Meningitis and Hepatitis B vaccines we strongly urge you to be vaccinated for your safety (medical and nursing students excluded from Hep B waiver).

- **Meningitis** is characterized by rapid onset of symptoms and is a potentially fatal or disabling disease. It is a [requirement](#) that incoming undergraduate students receive the meningitis vaccine. Menactra/Menveo are the preferred vaccines for Meningitis, as they are expected to provide better, longer-lasting protection.

- **Tetanus** vaccine, Tdap, is the preferred vaccine because it protects against all three diseases: tetanus, diphtheria and pertussis. Tdap replaces a single dose of Td for booster immunization, and should be considered when a tetanus booster is recommended by a health care provider. A one-time booster dose of Tdap can be given alone at any time to protect against pertussis. Subsequent booster dose(s) recommended by health care provider should be given with Td.

- **HPV**, Human Papilloma Virus, is the virus that can cause genital warts in men & women and cervical cancer in women. Gardasil provides the best protection against HPV infection for males and females aged 9-26.

- The [Flu vaccine](#) should be received annually, every fall, in order to avoid disruption in class and exam-schedules, as well as to protect family members.

- **International Students Immunization Clinic** is offered during the first week of school each fall.

## Medical & Nursing Students Only: Required Vaccines

<table>
<thead>
<tr>
<th>Vaccine</th>
<th>Frequency/Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rubella</td>
<td>Rubella Antibody Titer (blood test)</td>
</tr>
<tr>
<td>Varicella</td>
<td>Varicella Titer (blood test)</td>
</tr>
<tr>
<td>Tuberculosis</td>
<td>Mantoux PPD skin test (2 step) at least 1 week but more than 3 months apart OR a single immunoassay test. (completed March 1, 2012 or later)</td>
</tr>
<tr>
<td>Tdap</td>
<td>Must be administered prior to enrollment. May be given regardless of interval since last Td. Last Tdap should have been given within 10 years of 9/1/2014.</td>
</tr>
<tr>
<td>Chest X-ray</td>
<td>Negative chest X-ray ONLY if History of + PPD or immunoassay (Date REQUIRED)</td>
</tr>
<tr>
<td>Hepatitis B</td>
<td>3 doses (0, 1, 6) or have a positive antibody titer. If the last shot in series is after 1/1/2012, a positive titer is REQUIRED.</td>
</tr>
<tr>
<td>Influenza</td>
<td>Influenza vaccination is MANDATED each fall during the flu vaccination program at Student Health. Students will be asked to wear a mask during flu season if they do not comply.</td>
</tr>
</tbody>
</table>

## Student Health’s Helpful Tips

- **Vaccines administered at Student Health:** Monday-Friday by appointment at [https://www.healthyhoos.virginia.edu](https://www.healthyhoos.virginia.edu) **TB SKIN TESTS ARE NOT AVAILABLE ON THURSDAYS**

- **As a convenience you may make your own appointment for the Immunization Clinic through Healthy Hoos!**

- **Students are responsible for understanding their medical insurance coverage.**

- **Fall “Flu” Clinic Hosted by Student Health at the Newcomb Hall Ballroom in early Fall each year. Student Health does not submit claims for insurance companies other than Aetna Student Health.**

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* Spring class registration will be blocked for students until proof of immunization is provided
* ALL signature pages on the PEHF must be signed by your health care provider