Dear Mental Health Provider:

The student who has provided you with this letter has been granted a medical withdrawal from the University of Virginia, and he/she must receive “medical clearance” prior to his/her reenrollment. Typically, students accomplish this by obtaining treatment and having their physician or mental health professional provide documentation to the Department of Student Health, Counseling and Psychological Services (CAPS). This documentation is reviewed for evidence that sufficient improvement has occurred and that the student’s psychological/psychiatric condition does not pose significant risk to the student’s future academic performance.

The form which accompanies this letter will facilitate your providing documentation of the above. It must be received and reviewed at CAPS, ideally at least six weeks prior to a student’s reenrollment. If you prefer to provide a narrative report that covers the same information requested, that is also acceptable. Please be aware that the more detail you provide, the better position CAPS’ professionals are in to provide medical clearance and recommendation regarding the student’s reenrollment. Sparse or inadequate information will delay the process as further assessment of the student will likely become necessary.

Once the accompanying form is completed and returned to CAPS (assuming you do endorse the student’s return) the student will be able to move forward with his/her reenrollment process. We very much appreciate your cooperation in supplying us with the above information at the appropriate time.

Sincerely,

Christopher Holstege, M.D.
Executive Director, Student Health