Travel Recommendations

Argentina
Chile
Easter Island (Chile)
Falkland Islands (U.K.)
Uruguay

Medications:

Traveler’s Diarrhea:
☐ Ciprofloxacin: One 500 mg tablet twice daily for 1-3 days.

MALARIA RISK

No risk for malaria in Argentina, Chile, Easter Island, Falkland Islands (U.K), and Uruguay.

Altitude Illness Prophylaxis:
☐ Acetazolamide (125 mg twice daily): start 24 hours before ascent and continue daily for two or more days. May cause increased urination and numbness in extremities. Caution with sulfa allergy.

Routine Vaccines:
☐ Influenza vaccine
☐ Tetanus booster: Tdap or Td
☐ Hepatitis B vaccine
☐ TB Test: if length of stay is 6 weeks or longer; test should be done 12 weeks after return. Consider two step PPD before travel if in high risk environment, such as hospitals.

Recommended Travel Vaccines

☐ Hepatitis A
☐ Typhoid
☐ Rabies: consider for high risk travel or long term/frequent travel to low/medium resource countries.
☐ Yellow Fever Vaccine: recommended for travel to Corrientes and Misiones Provinces in Argentina.

Non-Vaccine Preventable Diseases:

Avoid Bug Bites to Protect against:
Dengue
• Risk in urban and residential areas.

American Trypanosomiasis (Chagas disease)
• Risk to travelers is extremely low
• Higher risk if staying in poor quality housing
• Spread by the droppings of “kissing” bugs, not the bug bite

See General Travel Advice for more information on personal safety and security, food and water precautions, malaria and how to avoid bug bites.

For the Most Up To Date Information:
Centers for Disease Control Travelers’ Health: http://wwwnc.cdc.gov/travel/
State Department (Travel Alerts and Warnings): http://travel.state.gov/
Travel Registration with Embassies: https://step.state.gov/step/
State Department Smart Travel for Students Abroad: http://studentsabroad.state.gov/

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