



ANTRODUODENAL STUDY

Read these instructions at least a week before you come for your procedure.

WHY DO I NEED THIS TEST?

This study is done for patients who experience slow emptying of food from the stomach.

HOW SHOULD I GET READY FOR THIS TEST?

- **Do not eat or drink anything after 8pm the night before you have the test.**
- **Do not take** Reglan, Cisapride (Propulsid), or Domperidone **for 2 days before** the test.
- You may take anti-nausea medications such as Phenergan, Compazine, or Tigan.
- **Do not smoke for at least 4 hours before the test.**
- Please limit the number of people you bring with you to our waiting room.
- Wear comfortable clothing.
- **Bring your medications with you and a list of medication allergies.**
- **Arrive at the hospital one hour before your appointment** to allow for parking and registration in our department.

REGISTRATION

- When you arrive at the hospital walk through the main entrance and ask the hospital receptionist to direct you to the Digestive Health Center.
- Enter our waiting room and check-in at the reception desk.
- After check-in you will be called to register.
- After registration, you will be called to the procedure area.

HOW DO I TAKE THIS TEST?

- A nurse will explain the test to you. Ask them any questions you might have.
- You will be asked to sign a form giving the nurse permission to do the test.
- This test will take about 6-8 hours.
- We will numb your nose and throat with medicine.
- An IV may be placed in your arm for giving medications if needed.
- We will pass a small tube through your nose into your stomach and small bowel.
- An x-ray will be done to check placement of the tube. Because of the use of x-ray, the test will not be done if you are pregnant.
- You will receive a meal of turkey, fruit, and decaffeinated soda. Diabetic and vegetarian meals are also available.
- Please wear comfortable loose fitting clothing.
- We will record special stomach and small bowel activity during this study.
- You may bring crafts or reading material with you to help pass the time.

WHAT HAPPENS AFTER THE EXAM?

- You may resume your normal diet and medications, or as indicated by your physician.
- Your nose and throat may feel scratchy for a short while.
- Before you leave, you will be given discharge instructions.
- **Please contact the physician who ordered your procedure to obtain test results as it relates to your plan of care.**
- After you leave, if you have a severe abdominal pain, nausea or vomiting please call us at **(434) 982-0221** or the hospital operator **(434) 924-0000** and ask for the GI doctor on-call. You may also go to your local emergency room.
- If you have questions about the test please call **(434) 924-9957**.
- If you need to cancel or reschedule your test, please call **(434) 924-9999**.
- If you are out of the area, you may use 1-800-251-3627 and ask the operator to connect you to any of the above numbers.

The Digestive Health Center of Excellence is nationally recognized for diagnosis and treatment of gastrointestinal diseases. As our patient, you will receive the best possible care by caring physicians and health care professionals.