



SECRETIN STIMULATION TEST

Read these instructions at least a week before you come for your procedure.

WHY DO I NEED THIS TEST?

This test will help us:

- find a possible reason that you have a high blood level of gastrin (a hormone related to how much acid your stomach makes).
- confirm too much acid production in the stomach.
- find a possible reason why you might have stomach ulcers or ulcer symptoms

HOW SHOULD I GET READY FOR THIS TEST?

- **Do not eat or drink for 12 hours before you have the test.**
- **Check with your doctor to make sure it is safe for you to stop PRILOSEC, PROTONIX, NEXIUM, PREVACID or ACIPHEX for 5 days before the test.**
- You may use these stomach medications up to 24 hours before the test:
 - Antacids(Maalox, Rolaids, Tums)
 - Tagamet
 - Pepcid
 - Zantac
 - Axid
- **Do not smoke for at least 2 hours before the test.**
- **Arrive at the hospital one hour before your appointment** to allow for parking and registration in our department.
- Please limit the number of people you bring with you to our waiting room.
- **Bring a list of current medications and medication allergies with you.**

REGISTRATION

- When you arrive at the hospital walk through the main entrance and ask the hospital receptionist to direct you to the Digestive Health Center.
- Enter our waiting room and check-in at the reception desk.
- After check-in you will be called to register.
- After registration, you will be called to the procedure area.

HOW DO I TAKE THIS TEST?

- A nurse will explain the test to you. Ask them any questions you might have.
- You will be asked to sign a form giving the nurse permission to do the test.
- This test will take about 1 1/2 hours.
- You will have an IV placed in both arms.
- Secretin medication will be given through one IV.
- Blood samples will be drawn out of the other IV over the next 30 minutes.
- Please wear comfortable loose fitting clothing.
- You may have some limited nausea or stomach cramping but these symptoms will go away within 5-15 minutes.

WHAT HAPPENS AFTER THE EXAM?

- You may restart all medications and eat normally.
- Before you leave, you will be given discharge instructions. **Please contact the physician who ordered your procedure to obtain test results as it relates to your plan of care.**
- After you leave, if you have a severe abdominal pain, nausea or vomiting please call us at **(434) 982-0221** or the hospital operator **(434) 924-0000** and ask for the GI doctor on-call. You may also go to your local emergency room.
- If you have questions about the test please call **(434) 924-9957**.
- If you need to cancel or reschedule your test, please call **(434) 924-9999**.
- If you are out of the area, you may use 1-800-251-3627 and ask the operator to connect you to any of the above numbers.

The Digestive Health Center of Excellence is nationally recognized for diagnosis and treatment of gastrointestinal diseases. As our patient, you will receive the best possible care by caring physicians and health care professionals.