



## PATIENT INSTRUCTIONS FOR POST-VASECTOMY SEMEN SPECIMEN COLLECTION

Your semen specimen must be scheduled in advance by calling Maureen Clark of the Urology Lab at **434-924-2603** or **800-251-3627 (Ext 4-2603)** and brought to the Urology Clinic. The following guidelines are important to insure optimum conditions for semen collection:

1. **Six weeks** after your vasectomy, collect a semen specimen by masturbation directly into the container provided to you by the Urology Department. It is recommended that you have approximately **10** ejaculations within that 6 week period. If you chose to collect another sample, please wait **3 months** between your first and second sample.
2. The specimen should be brought into the Urology Clinic within **4 hours** after the collection if at all possible.
3. If you do not have the proper container, the specimen must be collected in a clean specimen container with a secure lid (such as one with a screw-on cap). **PLEASE DO NOT BRING THE SPECIMEN IN A BAG, CONDOM, etc.**
4. It is important to collect the entire specimen and that you notify the lab if any of the semen was lost.
5. Please fill out the following information and return this entire sheet with your semen specimen.

Date: \_\_\_\_\_ (or stickie here)

Name: (Last) \_\_\_\_\_ (First) \_\_\_\_\_

UVA Medical Record Number: \_\_\_\_\_

If you were referred by a doctor outside of the Department of Urology, please fill in the following blanks:

Referring MD: \_\_\_\_\_ Fax #: \_\_\_\_\_

**Time of specimen collection:** \_\_\_\_\_ **Was entire specimen collected?:** Yes No

Were there any problems with the specimen?

If yes, please explain: \_\_\_\_\_

6. The test results will be sent to your physician and will be discussed with you at the time of your next appointment or you may contact your physician directly for the results. Please **do not call** the Urology Laboratory for your test results.
7. If your insurance company requires an authorization number and/or a referral letter from your family/primary care physician, please make sure you have this taken care of **before** you come in for your appointment.

Please note: **Dr. Stuart Howards / Dr. Raymond Costabile (CIRCLE ONE)** is the urologist's name for the referral.

Thank you.