



0400002

PLACE LABEL HERE.  
  
IF LABEL NOT AVAILABLE, WRITE IN PT NAME & MR#

**PLURONIC DRESSINGS INSTRUCTIONS**

“Pluronic” dressings are used to decrease the bacterial and fungal growth in your wound while providing a moist environment to help promote healing.

- Pluronic is a water-soluble antimicrobial cream containing polymixin, nitrofurantoin, and nystatin. It can be obtained *by prescription only from the UVa Outpatient Pharmacy.*
- Store Pluronic at room temperature; it may become “runny” if it is kept in a cold place.
- For a refill, call (434) 924-9041 at least 2 days before it is needed; it cannot be mailed to you.

**Change your dressing \_\_\_\_\_ times(s) per day and as needed if it becomes wet or soiled.**

**HOW TO CHANGE YOUR DRESSING:**

1. Wash your hands with soap and water.
2. Remove the old dressing and throw it away.
3. Clean your wound with water or normal saline and pat dry. Do not use hydrogen peroxide since it can damage healthy tissue.
4. Prepare the Pluronic dressing and place it as indicated below:
  - “Adaptic” dressing:** spread a thin layer of Pluronic on Adaptic or another non-adherent, wide-weave gauze and place it on the wound; trim the edges as needed.
  - Gauze dressing:** spread some Pluronic onto gauze and place it in your wound. Use a roll of gauze, not separate pieces of gauze, to loosely pack larger wounds and tunnels.
  - NuGauze or other plain gauze packing:** cut the length needed, spread Pluronic onto it, and loosely pack the wound. Leave a short “tail” on the outside to allow for easy removal.
5. Cover with dry gauze and secure with gauze roll and/or tape.
6. Wash your hands again.

**WHAT YOU SHOULD REPORT TO YOUR HEALTH CARE PROFESSIONAL:**

- Skin around wound becomes red, swollen, or feels hot
- Pus or foul-smelling drainage
- Increased pain or tenderness
- Fever higher than 101° F and/or chills
- Any other problems of concern to you

**TO REACH YOUR HEALTH CARE PROFESSIONAL:**

**During normal office hours** 8:00 AM to 4:30 PM Monday-Friday, call:

Plastic Surgery Clinic	434-924-5078	Chronic Wound Care Clinic	434-982-2922
Nurses’ line	434-982-3736	Toll-free number for patients	800-251-3627

**After office hours,** call 434-924-0000 and ask the operator to page the **Plastic Surgery Resident on call.**

**ADDITIONAL INSTRUCTIONS:** \_\_\_\_\_

I have been given and understand the above information \_\_\_\_\_  
(PATIENT/RESPONSIBLE ADULT SIGNATURE)

Reviewed by \_\_\_\_\_ Title/PIC \_\_\_\_\_ Date \_\_\_\_\_  
(CLINICIAN NAME/SIGNATURE)