



0400002

PLACE LABEL HERE.

IF LABEL NOT AVAILABLE, WRITE IN PT NAME & MR#

ENZYMATIC DEBRIDING AGENTS INSTRUCTIONS

Enzymatic debriding agents are prescribed to chemically debride or help remove dead tissue from your wound; they do not harm healthy (viable) tissue. These ointments contain papain, which is derived from the papaya fruit; do not use if you are allergic to papaya.

Change your dressing _____ times(s) per day and as needed if it becomes wet or soiled.

HOW TO CHANGE YOUR DRESSING:

1. Wash your hands with soap and water.
2. Remove the old dressing and throw it away.
3. Clean your wound with water or normal saline and pat dry. **Do not** use hydrogen peroxide as it may inactivate the enzymatic agent.
4. Apply a thin coat of the ointment directly to the wound bed. Avoid getting the ointment in your eyes; if this occurs, rinse your eyes thoroughly with water.
5. Dress the rest of the wound with _____
6. Cover with dry gauze and secure with gauze roll and/or tape.
7. Wash your hands again.

WHAT YOU SHOULD REPORT TO YOUR HEALTH CARE PROFESSIONAL:

- Skin around wound becomes red, swollen, or feels hot
- Pus or foul-smelling drainage
- Increased pain or tenderness
- Fever higher than 101° F and/or chills
- Any other problems of concern to you

TO REACH YOUR HEALTH CARE PROFESSIONAL:

During normal office hours 8:00 AM to 4:30 PM Monday-Friday, call:

| | | | |
|------------------------|--------------|-------------------------------|--------------|
| Plastic Surgery Clinic | 434-924-5078 | Chronic Wound Care Clinic | 434-982-2922 |
| Nurses' line | 434-982-3736 | Toll-free number for patients | 800-251-3627 |

After office hours, call 434-924-0000 and ask the operator to page the **Plastic Surgery Resident on call**.

ADDITIONAL INSTRUCTIONS: _____

I have been given and understand the above information _____
(PATIENT/RESPONSIBLE ADULT SIGNATURE)

Reviewed by _____ Title/PIC _____ Date _____
(CLINICIAN NAME/SIGNATURE)