

PLACE LABEL HERE.

IF LABEL NOT AVAILABLE, WRITE IN PT NAME & MR#



0400002

PEDIATRIC SEDATION POST-SEDATION DISCHARGE INSTRUCTIONS

Procedure/test performed: _____ Sedation by Dr. _____

Date: _____ Time: _____ Via: Wheelchair Stroller Ambulatory Other: _____

Patient escorted by _____ who accepts responsibility for the patient.

Medication given: Drug: _____ Total dose: _____ Last given at _____
Drug: _____ Total dose: _____ Last given at _____
Drug: _____ Total dose: _____ Last given at _____

ONLY THOSE ITEMS CHECKED ARE YOUR PERSONAL INSTRUCTIONS:

Diet:

- Clear liquids the rest of the day
- Clear liquids, then bland soft foods, then progress to regular diet
- Resume normal diet
- Other: _____

Activity: for the rest of the day

- Rest and quiet activity at home; may be unusually tired today
- Child may be sleepy, fussy, more unreasonable or behave in a different way for a period of time. Your child is more apt to fall down and bump into things. Watch closely to prevent accidents.
- Child may intermittently go back to sleep. Watch closely to assure child is breathing without difficulty.
- Avoid any activity that requires coordination or attention to detail.
- May return to school tomorrow

Medications: Do not take cold medicines or sleeping medicines today.

- Resume all regular medications
- Other: _____

Special instructions:

Side effects the patient may experience: nausea, vomiting, sleepiness, blurred vision, unsteadiness

Call your doctor or the number below if any of these occur or persist beyond 12 hours:

Difficulty breathing; rash; itching and swelling of hands, face or eyes; exceptional drowsiness, dizziness, continued vomiting/can't keep liquids down.

- Report/results of the procedure will be sent to the MD who referred you here.
- The IV site may be sore for a day or two. Warm compresses may help. If the area becomes red, swollen, hot or painful, call the number below.
- A breathing tube was used during the procedure—your throat may be sore and you may be hoarse for 1-2 days. If discomfort persists, call the number below.

If you have questions or problems regarding sedation:

- Between 7:00 AM and 5:00 PM, Monday through Friday, call (434) 924-1761 and ask to speak to the Pediatric Sedation Team Attending.
- After hours, call (434) 924-1761 and ask to speak to the Pediatric ICU (PICU) Attending Physician.

I understand the above information: _____ Date: _____
(Patient's/Responsible Family Member's Signature)

Reviewed by: _____ PIC/Title: _____ Date/Time: _____

If Translated:

INTERPRETER ATTESTATION (when applicable).

Translation has been provided by: _____ Date/Time: _____
Signature of Interpreter/CyraCom ID #

Recibi una copie traducida de este documento. Patient Initials _____

(I received a translated copy of this document. Form # _____)