



ISOLATION PRECAUTIONS FOR ROOMING-IN CARE PARTNERS

Isolation precautions are used to prevent the spread of germs among patients, visitors, and healthcare workers. We ask you to follow these guidelines so that we can keep germs from spreading from the patient in the isolation room to other people and places in the unit.

Rooming-in guidelines are for Care Partners living in the room with the patient for extended periods of time.

Rooming-in Care Partners do **NOT** need to wear isolation garb (gown, gloves) in patient room if they are willing and able to follow these infection prevention guidelines:

1. If the Care Partner is ill, we discourage being in the patient room. Please talk with the patient care team about whether it is safe to be in the patient room. Care Partners with symptoms of a respiratory illness should wear a mask when leaving the patient room. Care Partners with fever should wear a mask in the room as well, and should consider staying out of the hospital until fever is gone.
2. When going in or out of patient room, **everyone** should clean hands with soap and water or alcohol hand sanitizer. Use only soap and water handwashing when indicated by special Green handwashing sign at the door to the room
3. SOME Care Partners MAY leave the patient room to go to the hospital cafeteria, gift shop, pharmacy, or chapel. They do not need to wear gown or gloves to do so, but they should clean their hands well when leaving the room. See #4 below for more information. Patients in isolation should NOT go to these areas.
4. Care Partners of patients who have the Green Handwashing Sign posted at the door, and Care Partners who are sick with respiratory symptoms or diarrhea should NOT go to the hospital cafeteria, gift shop, pharmacy or chapel.
5. Care Partners should NOT go to common areas in the unit (nurses' station, dayroom, or kitchen), visit in other patient rooms, or go into school rooms or family waiting rooms on inpatient floors. Patients in isolation should not go to these areas either.
6. Care Partners MAY leave the patient room to go directly out of the hospital. They do not need to wear gown or gloves to do so, but they should clean their hands well when leaving the room. If they have a fever they should wear a mask when leaving the hospital.
7. Care Partners who go with the patient to procedure areas off the unit or who go with the patient to walk in the east-west hallway should clean hands well and wear the same garb (gown, gloves) that the patient or healthcare worker wears.

All visitors and healthcare workers should follow isolation precautions on sign at door to patient room.

Please clean your hands often and well.

Questions? Concerns?

Please ask your nurse to page the Infection Prevention & Control nurse on call at PIC 1243