



0400002

PLACE LABEL HERE.
IF LABEL NOT AVAILABLE, WRITE IN PT NAME & MR#

RADIOACTIVE IODINE I-131 DISCHARGE INSTRUCTIONS

DIAGNOSTIC SCAN: MIBG

1. Drink plenty (lots) of fluids of any kind for at least the first 2 days.
2. Empty your bladder frequently.
3. Flush the toilet twice after emptying bladder each time for 2 days.
4. Avoid close personal contact from others for at least the first 2 days.

If a small child is in the home, limit close contact to that which is required for the child's care.

5. Sleep alone for at least 1 night.
6. Do not travel on a prolonged automobile trip with others for at least the first 2 days.
7. If you have not had a bowel movement within 2 days, take a laxative.

If you have any questions, please call Nuclear Medicine at (434) 924-9358 during work hours.

Outside work hours, call (434) 924-0000 and ask to speak to the nuclear medicine doctor on call.

Instruction given to patient by _____

Patient receiving I 131 Dose signature _____

I understand and have been given a copy of the above information. _____
PATIENT'S OR FAMILY MEMBER'S SIGNATURE

If not patient, _____
RELATIONSHIP TO PATIENT

This information has been reviewed with me by _____
TECHNOLOGIST'S NAME DATE / TIME

Doctor's Name _____ PIC: _____

If Translator used:

Translation has been provided by: _____
SIGNATURE OF INTERPRETER CYRACOM ID# DATE / TIME