



0400002

PLACE LABEL HERE.

IF LABEL NOT AVAILABLE, WRITE IN PT NAME & MR#

QUADRAMET (SM-153 EDTMP) IV THERAPY DISCHARGE INSTRUCTIONS

Keep these instructions with you for 8 weeks after injection.

Name: _____ Date: _____

EXPECTATIONS FOR PAIN RELIEF

- Over 70% of patients experience a decrease in pain after Quadramet injection.
- Some patients who do not experience a decrease in pain after the 1st Quadramet injection will get a decrease in pain after the 2nd Quadramet injection.
- You will experience no effect at all the time of Quadramet injection, aside from the pain of the needle placement.
- Typically, you will notice a decrease in pain about 2 weeks after Quadramet injection.
- After about two weeks, or maybe a little longer, the pain should lessen. The pain reduction should continue for several weeks or months.
- Some patients start to notice effects from Quadramet 2 or 3 days following injection, and feel an increase in pain, rather than a reduction. This “flare” is normal, and the worsening of pain will be temporary. However, it may require you to increase your pain medication for a short period.
- Possible repeat Quadramet therapy can be performed after 3 months. Please discuss this option with your physician.

MEDICAL CONSIDERATIONS

It is expected that Quadramet therapy will cause a decrease in your blood counts in the weeks following therapy. Blood counts, specifically white blood cells and platelets, are at the lowest point about 3-5 weeks after therapy. In about 9 out of 10 patients, the blood counts return to pretreatment levels by 8 weeks after therapy.

- Do not start or stop any other medicine without your doctor’s approval.
- Your doctor will advise you regarding continuing or adjusting your pain killers, and will recommend adjustments based on your response to Quadramet.
- Because of this expected drop in blood counts, you need to get a blood test every week to monitor the effects of this therapy on your blood counts.
- During the time that your blood counts are down, you could be at increased risk of infection or bleeding.
- Until you know that your blood counts have returned to pretreatment level, you should be extra cautious to avoid infections, falls, or serious injuries.
- We recommend that you:
 - Don’t climb ladders, use heavy equipment, or
 - Don’t socialize in group settings where other people may be sick (flu, etc).
 - Avoid touching your eyes or the inside your nose without first washing your hands.
 - Do not have immunizations/vaccinations without consent of your doctor
 - Avoid contact with people who have recently received oral polio vaccine.

FOLLOW-UP BLOOD TESTING

- Please make an appointment with your physician to obtain a blood test one week after your treatment, and every week for a total of 8 weeks after Quadramet injection.
- Keep all doctor’s appointments and laboratory visits so you can be monitored closely.
- You will have blood tests, usually weekly, to check that your white blood cell and platelet numbers are returning to normal levels.
- Your doctor will determine whether you need additional blood tests beyond 8 weeks.

Possible but rare side effects – Check with your doctor immediately if you develop:

- Black, tarry stools
- Blood in urine or stools
- Cough
- Fever or chills
- Flank pain
- Painful or difficult urination
- Pinpoint red spots on skin
- Unusual bleeding or bruising
- Trouble with bowel or bladder control or
- Weakness in lower extremities
- New numbness or unusual sensation

RADIATION SAFETY CONSIDERATIONS

Quadramet will be present in your blood for about 5 hours. About half of the Quadramet will deposit in your bones; more will deposit if there is more tumor in your bones. The rest of the Quadramet will leave your body through your urine, which will contain a small amount of radioactivity. The urine will not look any different than usual. Quadramet will be present in your urine for about 24-48 hrs; tiny traces will continue to be in your urine in decreasing amounts for about 1 week.

RADIATION SAFETY INSTRUCTIONS FOR 2 DAYS FOLLOWING QUADRAMET THERAPY:

- Be extra careful with your urine, be sure it all gets into the toilet.
- Use a normal toilet instead of a urinal (if possible) and flush the toilet twice.
- Wash your hands well after using the toilet so that no radioactivity is spread from your hands.
- Wipe any spilled urine with a tissue and flush it away.
- Wash any clothes or bed linens stained with urine or blood in the wash machine.
- If you use any urine collection device, empty the urine into the toilet and wash hands carefully.
- If you wear pads place used pads in an airtight plastic bag and then place into the trash.

KEEP THESE INSTRUCTIONS WITH YOU FOR 8 WEEKS AFTER YOUR INJECTION.

Tell all your health care professionals that you have received Quadramet therapy and the date of injection. This is especially important if you get admitted to the hospital for any reason in the first week after your Quadramet injection.

If you or your doctor have any questions about Quadramet or these instructions please call and ask to speak to a Nuclear Medicine physician. MF 8-5, call 434 924-9358; other times, call 434-924-0211.

Instruction given to patient by _____

Patient receiving Quadramet IV Therapy signature _____
PATIENT’S OR FAMILY MEMBER’S SIGNATURE

I understand and have been given a copy of the above information. _____

If not patient, _____
RELATIONSHIP TO PATIENT

This information has been reviewed with me by _____
TECHNOLOGIST’S NAME DATE / TIME

Doctor’s Name _____ PIC: _____

If Translator used:

Translation has been provided by: _____
SIGNATURE OF INTERPRETER CYRACOM ID# DATE / TIME