



0400002

PLACE LABEL HERE.  
IF LABEL NOT AVAILABLE, WRITE IN PT NAME & MR#

**SPLINT INTRUCTIONS, PRECAUTIONS, AND CARE**

**Wearing instructions:**

- Start with \_\_\_\_\_ minutes wear \_\_\_\_\_ times per day.
- Increase wearing time by 15 minutes until tolerated for \_\_\_\_\_ hours on, hours off.
- Long-term wear for \_\_\_\_\_ hours \_\_\_\_\_ times per day.
- Wear overnight.
- Wear as desired during functional activity.
- Other:

**Precautions:**

Check for areas of redness when splint removed. If redness develops that does not clear in 20 minutes, reduce wearing time. If redness does not resolve, discontinue splint use and call

\_\_\_\_\_ at (434) \_\_\_\_\_.

Do not expose splint to heat sources such as the dishwasher or being left in a hot car.

**Care:**

Hand wash fabric splint in warm water, washing machine if desired. Remove metal supports. Do not place in clothes dryer.

Hand wash plastic splint in warm soapy water as needed. Towel or air dry, do not use clothes dryer or hairdryer.

I have read the above information. All of my questions have been answered and I fully understand the instructions.

\_\_\_\_\_  
PATIENT NAME/SIGNATURE OR RESPONSIBLE PARTY

Reviewed by: \_\_\_\_\_

Staff Name/Signature \_\_\_\_\_ Date \_\_\_\_\_

If Translated: Translated provided by: \_\_\_\_\_ Date \_\_\_\_\_

Interpreter Name \_\_\_\_\_ CyracomID# \_\_\_\_\_