



0400002

PLACE LABEL HERE.

IF LABEL NOT AVAILABLE, WRITE IN PT NAME & MR#

PHOTODYNAMIC THERAPY (PDT) PATIENT DISCHARGE INSTRUCTIONS

After treatment you may notice the following skin changes:

- Tingling, burning, and itching for up to 1 day
- Redness, swelling, and crusting for up to 1 week
- Dark or light spots for up to 4 weeks

Direct sunlight, sunlight through windows and bright indoor light must be avoided for 48 hours.

Use protective clothing (hat, scarf, tightly-woven clothing) to cover the treated area.

Apply zinc oxide sunscreen to the treated area.

Use a mild cleanser and cool or warm water to wash your skin.

Apply a creamy moisturizer or Vaseline to help reduce dryness and crusting.

Repeat this application as often as needed.

A cool compress may also be used as needed.

Please contact your physician during regular office hours at 434-924-5115 or the physician on call after hours at 434-924-0211 if you experience:

- Severe pain
- Blisters
- Worsening of swelling and crusting after the first 48 hours

I have read the above information. All of my questions have been answered and I fully understand my responsibilities pertaining to my treatment.

PATIENT NAME/SIGNATURE OR RESPONSIBLE PARTY

Reviewed by: _____

Staff Name/Signature _____ Date _____

If Translated: Translation provided by: _____ Date _____

Interpreter Name _____ CyracomID# _____