



SURGERY FOR CERVICAL CONIZATION

These instructions will help you take care of yourself at home.



DIET

Start with clear liquids after you reach home. Wait about 45 minutes and if you do not feel sick, try bland foods first and then progress to your usual diet.



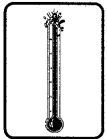
ACTIVITIES

Rest today, then resume usual activities as tolerated.



SPECIAL CARE NEEDED

No tampons or douches until after your follow-up appointment. You may have a brownish-pink drainage for one month and it may increase 10-14 days after your surgery. It will be normal to have a period at your regular time. No sexual intercourse for 1 month.



INFECTION

Watch for any sign of infection after surgery: **fever, chills, increased pain, redness, swelling, or foul smelling discharge from your wound.** Call your doctor at the first sign of any infection.



WHEN TO CALL YOUR DOCTOR

Call 434-924-0000 and ask for "Resident on call" for Dr. _____ if:

- No urine output eight (8) hours after surgery
- No bowel movement in three (3) days
- There are signs of infection as above
- Vomiting lasting more than four (4) hours
- Large amount of bleeding or swelling (soaking more than one pad per hour OR bleeding heavier than the heaviest day of your period)

Call 911 if you have chest pain or shortness of breath