



EYE SURGERY

These instructions will help you take care of yourself at home.



DIET

Start with clear liquids after you reach home. Wait about 45 minutes and if you do not feel sick, try bland foods first and then progress to your usual diet.



ACTIVITIES

Resume usual activities such as walking and light household chores.



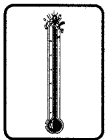
SPECIAL CARE NEEDED

Keep the patch and shield in place unless instructed otherwise. Do not place any medications in the eye until seeing your doctor the next day.



MEDICATIONS

Resume previously prescribed medications, including medications for diabetes.



WHAT TO EXPECT AFTER EYE SURGEY

- Tenderness or discomfort that is easily controlled with Tylenol
- Slight bloody drainage on the eye dressing
- Slight swelling of the lids of the operative eye
- Redness in the operative eye

These conditions should become less each day.



WHEN TO CALL YOUR DOCTOR

Call 434-924-0000 and ask for "Resident on call" for Dr. _____ if:

- An increase in pain not relieved by Tylenol
- An increase in bloody discharge on the eye dressing
- An increase in swelling of the lids
- An increase in nausea and/or vomiting
- A sudden loss of vision
- Any other unexpected problems

Call 911 if you have chest pain or shortness of breath