



## INFECTION SIGNS AND SYMPTOMS

These instructions will help you take care of yourself at home.



### DIET

After you reach home, start with clear liquids. Wait about 45 minutes and if you do not feel sick, try bland foods first, then progress to your usual diet.



### SPECIAL CARE NEEDED

Watch your surgery site for any sign of infection, such as:

- Redness at the site
- Swelling around the site
- Increase in tenderness or pain
- Bleeding or drainage that is unusual or foul smelling
- Fever or temperature that is greater than 101° F or 38.5° C.



### MEDICATIONS

If you are taking any medication that contains ASPIRIN or TYLENOL (acetaminophen), then check your temperature 4 hours AFTER taking medicine.



### WHEN TO CALL YOUR DOCTOR

Call 434-924-0000 and ask for

*"Resident on call" for Dr. \_\_\_\_\_ if:*

- Any sign of infection
- No urine output eight (8) hours after surgery
- No bowel movement in three (3) days
- Vomiting lasting more than four (4) hours
- Large amount of bleeding or swelling

**Call 911 if you have chest pain or shortness of breath**