

CARE OF PEG (PERCUTANEOUS ENDOSCOPIC GASTROSTOMY)

These instructions will help you take care of yourself at home.



DIET

Begin feedings with tap water at 50cc per hour. If water is tolerated, start prescribed tube tube feeding (usually at 50cc per hour) and increase the rate as directed. After several days of feedings without problems, switch to occasional feedings.



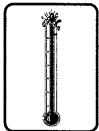
ACTIVITIES

Rest today. Slowly resume your usual activity. Keep your head elevated on a firm, thick pillow during infusion and for one hour afterwards.



SPECIAL CARE NEEDED

- Flush the tube with 30-55cc of water 3 times a day to prevent it from clogging.
- Inspect the skin around the tube every day for leaking and redness. Examine the tube for wear and tear at the same time.
- Every Day: Remove the old gauze dressing over the tube and throw it away. Put new sterile gauze back over the tube but not under the rubber bumper.
- Do not put pills, capsules or bulk forming agents (like Metamucil) through the tube. If there is no liquid form of your medication, grind your pills to a fine powder, dissolve them in water and push the mixture through the tube.



INFECTION

Watch for any sign of infection after surgery: **fever, chills, increased pain, redness, swelling, or foul smelling discharge from your wound.** Call your doctor at the first sign of any infection.



WHEN TO CALL YOUR DOCTOR

Call 434-924-0000 and ask for "Resident on call" for Dr. _____ if:

- No urine output eight (8) hours after surgery
- No bowel movement in three (3) days
- There are signs of infection as above
- Vomiting lasting more than four (4) hours
- Large amount of bleeding or swelling

Call 911 if you have chest pain or shortness of breath