



## LIVER RADIO-FREQUENCY ABLATION DISCHARGE INSTRUCTIONS

- Rest and take it easy for the next 24 hours.
- ***Do not drive or operate heavy machinery for 24 hours or while taking narcotics for pain.***
- Do not lift anything over 5 pounds for the next 24 hours.
- No strenuous exercise of lifting for at least 7 days.
- Resume previous home diet.
- Drink plenty of fluids.
- Do not drink alcohol while taking pain medicines or Tylenol.
- Keep a band-aid over the puncture site(s) for the next 48 hours.
- No tub baths or swimming for 7 days (no immersion in water for 7 days).
- Contact Angio if you develop:
  - Worsening chest discomfort or pain
  - Shortness of breath (cannot catch your breath)
  - Urine becomes tea colored
  - Stools are clay colored
  - Swelling in stomach or legs
  - Fever of 100° F for greater than 48 hours or greater than 101° F.
- If there is bleeding at the site contact us immediately at 434-924-9401; after 5 PM 434-924-9400.
- If a urinary catheter was used during your hospital stay or you notice burning upon urination, pain or fever, call your doctor.
- If you have any questions or problems, please call the Angio/Interventional Radiology Department and speak with one of the nurse practitioners or doctors.

Daytime (7AM – 5PM) Monday – Friday: 434-924-9401.

Other times and on weekends and holidays 434-924-9400 and ask for the Angio/interventional Radiology fellow on call.