



## DBS (DEEP BRAIN STIMULATOR) BATTERY REPLACEMENT

These instructions will help you take care of yourself at home



### DIET

Start with clear liquids after you reach home. Wait about 45 minutes and if you do not feel sick, try bland foods first and then progress to your usual diet.



### ACTIVITY

Resume your normal activities. Do not perform any vigorous activity or heavy lifting. If it hurts do not do it. You may drive in a few days.

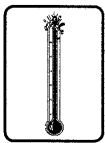


### SPECIAL CARE AND INSTRUCTIONS

Your sutures are dissolvable and do not need to be removed. The incision line will be covered with a skin glue called Dermabond. This will come off on its own in about 5-7 days. You may shower in 24 hr. and pat the incision dry. Do not swim or submerge your incision for 3 wk. or until incision is healed.

**PAIN CONTROL:** You may experience incision pain or pain from tunneling of the extension lead. Ibuprofen 400-600 mg. every 8 hr. will work best for pain. If needed, you will be provided with a mild narcotic to use for a few days.

**FOLLOW UP:** If your DBS is not immediately reactivated, you will be given an appointment to have it programmed. **DO NOT** take your medications on the day of your clinic visit so we can effectively program your stimulator.



### INFECTION

Check your incision daily and watch for any sign of infection after surgery. Call the office if you show any signs of fever, chills, increased pain, redness, or swelling.

### WHEN TO CALL YOUR DOCTOR

Call 434-924-0000 and ask for  
"Resident on call" for Dr. \_\_\_\_\_ if:

- No urine output eight (8) hours after surgery
- No bowel movement in three (3) days
- There are signs of infection as above
- Vomiting lasting more than four (4) hours
- Large amount of bleeding (more than one teaspoon)

**Call 911 if you have chest pain or shortness of breath**