

GLYCEROL INJECTION OR RHIZOTOMY

These instructions will help you take care of yourself at home.



DIET

Start with clear liquids after you reach home. Wait about 45 minutes and if you do not feel sick, try bland foods first and then progress to your usual diet.



ACTIVITY

You may resume normal activities as you did before surgery

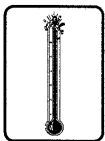


SPECIAL CARE AND INSTRUCTIONS

You may have pain and bruising at the puncture site. There are no sutures and wound care is not necessary. You may shower the next day. It is very common to experience pain in front of the jaw or ear on the side that was injected. This usually subsides within a wk. Expect numbness in this side of the face; this may also involve the inside of the mouth, cheek and tongue. The numbness may be dense and feel like your face is swollen in the beginning and will decrease gradually but will remain somewhat numb. It may be difficult to chew your food initially and you may experience dryness of the eye.

Medications

Continue all of the pain medications you were on prior to the procedure, even if the trigeminal pain was resolved. We will discuss slowly decreasing these medications later and will work with your prescribing Dr. to accomplish this. You may be given pain medication to take but will probably only need Ibuprofen or other NSAIDS to relieve any soreness in the cheek



INFECTION

Watch for any sign of infection after surgery: fever, chills, increased pain, redness, or swelling. Please call if you develop a fever or have questions or concerns.



WHEN TO CALL YOUR DOCTOR

Call 434-924-0000 and ask for

"Resident on call" for Dr. _____ if:

- No urine output eight (8) hours after surgery
- No bowel movement in three (3) days
- There are signs of infection as above
- Vomiting lasting more than four (4) hours
- Large amount of bleeding (more than one teaspoon)

Call 911 if you have chest pain or shortness of breath