



POST PROCEDURE INSTRUCTIONS

AFTER THE PROCEDURE

You may have some slight swelling or bruising of the breast after the procedure that may last for about a week. You may also have some discomfort of the breast during this time as well. A bloody nipple discharge after the procedure, though rare, is usually normal. If you develop redness, warmth, increase in swelling, drainage from the small insertion site that contains pus, has a bad odor, fever, or an increase of pain or tenderness to the breast, please call us or your referring physician as these may be signs of an infection.

- If you experience any discomfort, you may take Tylenol as directed on the package. Do not take aspirin or ibuprofen (Advil or Aleve), as this may increase bruising and may cause bleeding.
- You may resume any medications that we asked you to stop taking 72 hours after your procedure. However, if you are taking Coumadin, please refer to the prescribing doctors instructions for restarting this medication.
- Limit your activities for the next 48 hours. Do not lift anything heavier than 5 pounds. Please avoid repeated motions of the arm on the same side as your biopsy for the next 48 hours. This would include things such as vacuuming, window washing, and weight lifting.
- If you experience any bleeding, have someone apply firm direct pressure for 10 minutes. If after 10 minutes you still have bleeding reapply firm direct pressure for another 10 minutes. If you still have bleeding proceed directly to the nearest Emergency Care Facility.
- Apply an ice pack at least 2 or 3 times on the day of the procedure. Ice decreases swelling and bruising that can cause discomfort.
- Do not shower or bathe the afternoon or evening after the biopsy. You can shower or bathe as usual the following day.
- A liquid adhesive (liquid band aid) has been applied to your small biopsy incision. It should fall off in about a week. If you had a steri-strip bandaged applied, it can be removed 3 to 4 days after the procedure. If the skin beneath the strip gets irritated, the strips can be removed sooner. If this happens, you may be allergic to the bandage adhesive.

RESULTS

- Biopsy* results should be available 3 business days after the procedure.
- Cyst Aspiration* results, if sent for cytology, should be available 3 business days after the procedure.
- Fine needle aspiration* results should be available 2 business days after the procedure.

YOU WILL BE CONTACTED WITH THE RESULTS.

To protect your privacy, we do not leave your results on answering machines.

Please contact us on the third business day after the procedure if you have not heard from us by 4 pm.

The physician who recommended your mammogram will receive a report of your biopsy results.

If you have any questions or concerns relating to this procedure, please call the nurse or doctor listed below.

The radiologist can be reached at the Breast Care Center (434) 924-1555. After 5:00 pm and on weekends we can be reached through the hospital operator at (434) 924-0000 or our toll free number is 1-800-251-3627.

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Diagnostic Imaging Nurse		Physician
(434) 982-0869		(434) 924-1555