

DNCB WART THERAPY

DNCB (dinitro-chloro-benzene) is a chemical that can cause an allergic reaction resembling a rash of poison ivy in most people exposed to it. When this allergic reaction occurs on a resistant wart, the immune system is sometimes tricked into recognizing that the wart does not belong there. This results in the wart going away, often along with other warts as well. The treatment can be long and tedious and does not always work. One can expect the wart and surrounding skin to become red and itchy. Sometimes blisters occur. However, this treatment frequently does away with warts that do not respond to conventional therapy.

INSTRUCTIONS:

1. DNCB is first applied to your skin on a patch to create initial sensitivity. This is left on for 48 hours but can be removed sooner if it becomes too itchy. It is expected that this will create an itchy area like poison ivy within several days. If the itching bothers you too much, apply topical cortisone cream twice a day.
2. During this time, your doctor may recommend that you apply a 40% salicytic acid pad (Mediplast) to thick warts in order to thin them down. The pad may be secured with tape.
3. If no reaction has occurred at the DNCB site by ten days later, contact the office so you can be sensitized again.
4. If a reaction (red, itchy rash) has occurred at the DNCB site, treatment can begin.
5. Start by applying DNCB every other night to the wart, or warts, and cover these areas with tape. Leave it on overnight, remove and wash off in the morning with soap and water. Your doctor may recommend shorter application times initially.
6. Be careful to avoid contact with any other areas of skin as DNCB will cause an itchy allergic rash anywhere that it contacts the skin. If accidental contact occurs, wash immediately and thoroughly with soap and water; if rash develops, apply cortisone cream two times a day for several days.
7. During the course of treatment, you will likely have to adjust the frequency of applications. Your goal should be for the wart to remain slightly itchy or red. If it becomes excessively itchy, sore or if blisters develop, stop the treatment until the reaction subsides and then restart treatment at less frequent intervals for shorter periods of time. Cortisone cream can also be applied if necessary for excessive irritation.
8. If after two weeks no significant reaction has occurred, apply more frequently.
9. Return for a check in _____.
10. If you have further questions or problems, please contact us at 434-924-5115.

If you have other questions about DNCB Wart Therapy,
write them down below and
ask your doctor or nurse to answer them for you.

Your doctor is

Your nurse is

They can be reached at 434-924-5115

Your next appointment will be: _____/_____/_____ _____
(date) (time)