



ADVANCE DIRECTIVES – IT'S ABOUT HOW YOU LIVE



Learn about your options for end-of-life services and care

Implement a plan to ensure your wishes are honored

Voice your decisions to family, friends and health care providers

Engage in personal and community efforts to improve end-of-life care

If you or a loved one was seriously ill or in pain, do you know where you would get information about resources and services that could help you?

Do you have a written plan stating what kind of health care treatments you would want (or not want) if you could not speak for yourself?

Have you talked with anybody about your thoughts about future medical care for yourself or your loved ones?

Talk to your health care provider today about your wishes for future medical care.



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