

# **U Va**

## **Early Intervention To Enhance Quality of Life**

Free classes monthly on the Augusta Health campus – Day & Evening.

*Family and friends are encouraged to attend.*

To register call  
540-932-5932 or  
540-332-5932



# **U Va**

## **Early Intervention To Enhance Quality of Life**

Free classes monthly on the Augusta Health campus – Day & Evening.

*Family and friends are encouraged to attend.*

To register call  
540-932-5932 or  
540-332-5932



# **U Va**

## **Early Intervention To Enhance Quality of Life**

Free classes monthly on the Augusta Health campus – Day & Evening.

*Family and friends are encouraged to attend.*

To register call  
540-932-5932 or  
540-332-5932



You are not alone.

You are not alone.

You are not alone.

Taking care of your kidneys is a team effort that starts with YOU.

Taking care of your kidneys is a team effort that starts with YOU.

Taking care of your kidneys is a team effort that starts with YOU.

The Kidney Care class is offered for anyone who wants to learn more about kidney disease.

The Kidney Care class is offered for anyone who wants to learn more about kidney disease.

The Kidney Care class is offered for anyone who wants to learn more about kidney disease.

The class is free, informal and promotes open discussion among participants.

The class is free, informal and promotes open discussion among participants.

The class is free, informal and promotes open discussion among participants.

The class provides information about what might happen when you have kidney disease.

The class provides information about what might happen when you have kidney disease.

The class provides information about what might happen when you have kidney disease.

Topics include:

- Basic kidney function,
- Causes of kidney failure,
- Common symptoms,
- How to prevent problems,
- Treatment options including dialysis,
- What to eat.
- How to cope.
- Financial and support resources.

Topics include:

- Basic kidney function,
- Causes of kidney failure,
- Common symptoms,
- How to prevent problems,
- Treatment options including dialysis,
- What to eat.
- How to cope.
- Financial and support resources.

Topics include:

- Basic kidney function,
- Causes of kidney failure,
- Common symptoms,
- How to prevent problems,
- Treatment options including dialysis,
- What to eat.
- How to cope.
- Financial and support resources.