ALLERGY INJECTION
PATIENT POLICY
2010

1. All students receiving allergy injections are required to make an initial appointment with a nurse for an “allergy clearance” before injections are given. A separate appointment must be made if you want to receive your injections on that same day after your clearance is complete. Please telephone 982-3915 for an appointment.

2. If you are just starting allergy injections, you should receive the first one from your allergist.

3. You must be evaluated by your allergist annually. We cannot give injections to students who have not been evaluated within the year prior to the start of the academic year.

4. You are responsible for having current instructions, schedules, and allergens at Student Health. You are also responsible for adhering to your schedule (being off-schedule can increase your time spent in allergy clinic), obtaining refill allergen as needed, and making alternative arrangements to receive injections during vacations. If you are “OFF” schedule, it will now be your responsibility to contact your Allergist’s office to have them fax their instructions to our Allergy Clinic. FAX: 434-243-6691. The allergy nurse can provide you with the necessary information and this should be done prior to your appointment since you will know when you are late.

NO VERBAL ORDERS WILL BE TAKEN FROM YOUR ALLERGIST’S OFFICE.

5. Vials left unused at Student Health will be discarded after six months, regardless of expiration date.

6. For your safety, allergy injections are not given without a physician's presence in Student Health.

7. Allergy injections are available by appointment Tuesday, Wednesday, Thursday, and Friday. On line self-scheduling for allergy injection appointments is available at: https://www.healthyhoos.virginia.edu/

8. Same day appointments are not permitted.

9. No matter what your previous experience with allergy injections has been, a 30 minute wait in Student Health is mandatory due to the possibility of a serious reaction. You must have injection sites checked by a nurse before you leave. We cannot continue giving injections to students who refuse to wait or be checked. You must wait in the General Medicine or Allergy Clinic area. There will be no exceptions.

10. Notify the nurse during your waiting time if you experience any of the following symptoms: swelling or itching at injection site, wheezing, shortness of breath, coughing, hives, facial swelling, “pins and needles” sensations of skin, flushing, runny nose, nasal congestion, or sneezing.

11. Delayed reactions are possible. If you have any of the above symptoms after you have received allergy injections and left Student Health, take an antihistamine (Allegra, Zyrtec, Clarinex, Claritin, Benadryl). If symptoms continue or worsen, return to Student Health or go to the Emergency Department at UVA Hospital. Report this to the nurse at your next appointment before receiving any additional injections.

12. You should wait at least 24 hours before and after allergy injections to receive any other type of immunization such as flu vaccine.

13. Avoid vigorous exercise (jogging, gym workouts, etc.) at least one hour before and after injections.
14. There is a $15.00 charge per visit to the allergy injection clinic. If you have the student insurance policy, Aetna Student Health or UVA Southern Health, it will automatically be billed. If you have a private insurance policy you will be charged per visit and you can view and print the statement online to submit to your insurance company for reimbursement.

15. It is mandatory to give the Allergy Clinic Staff 24 hours notice when picking up your serum to take out.

***PLEASE NOTE: If you make an appointment and you do not show up, it prohibits another student from being able to get their allergy shot that day.

Allergy Clinic: P.O. Box 800760 • Charlottesville, VA 22908-0760
Phone: 434-982-3915 • Fax: 434-243-6691
Revised 6/10, Ellen Rivera, RN