Checklist for Returning Students

Program Evaluation
- When the time comes, be sure to fill out your program evaluation.

Transcripts
- If you participated on a Transfer Credit program, ensure that you have ordered an official transcript to be sent to your School Registrar or Transfer Credit Evaluator.
- Order additional transcripts for your own use (applications to graduate school, to jobs, etc. may require transcripts from your foreign institution or program. Keep these transcripts sealed in their original envelopes as many schools will only consider transcripts official if they have not been opened).

Stay connected to your international experience! Engage in global issues and activities! Here are SOME ways (more information online):

- Become an Intern or an Outreach Liaison for the International Studies Office and share your experience with the UVa student community! Applications are posted and due each summer – keep an eye out for additional emails regarding these opportunities.
- Become an International Buddy for exchange students coming for Fall 2015. Buddies help incoming exchange students transition to the life at the University of Virginia. We are looking for motivated students who like to meet other students from different countries and help as a mentor. If you are interested, please apply to be an international buddy for Fall 2015 here.
- Visit the Lorna Sundberg International Center to participate in a variety of free social and cultural programs, such as ethnic cooking classes, international film screenings, and art and musical performances. If you would like to share your international experience, the International Center would be happy to host a program for you. To learn more about the IC’s programs and to view upcoming events, please visit their website or contact the center at intlctr@virginia.edu. Sign up for the e-newsletter!
- Attend International Education Week (IEW) events. A national event during November every fall, UVA will celebrate with a week of internationally-focused activities.
- Attend a Returnee Conference. The first annual Lessons From Abroad: Greater DC Area Conference will be held on Saturday, October 24, 2015, at George Washington University. The second annual Lessons From Abroad: Virginia Conference will be held on Saturday, January 30, 2016, at VCU. Meet other recent study abroad returnees from all over Virginia. Hear from dynamic and motivating keynote speakers. Learn how to talk about your developing global skillset in a job interview. Discover how you can work or study abroad after graduation. Network with professionals working in internationally-focused jobs. Stay connected to and share stories about your study abroad experience. Mark your calendars!
- Attend C.O.R.E. seminars to reflect on your experience and how to carry it forward throughout your life.
- Check out the Hoos Abroad Blog to stay connected with what other students are doing abroad.
- “Like” the Education Abroad Facebook Page.
- Investigate other ways of getting involved in International activities on-grounds and continue your cultural exploration.
- Go abroad again! Research additional opportunities abroad, such as internships, research, graduate school, and work.
- Stay in touch with your classmates from abroad. Start gathering contact information now!